

# 1997 SESSION

INTRODUCED

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## HOUSE JOINT RESOLUTION NO. 424

Offered January 8, 1997

*Designating March 30 as Virginia's D.A.T.E. for a Healthy Future.*

Patron—Howell

Referred to Committee on Rules

WHEREAS, March 30, 1842, was the date of the first use of ether for surgical anesthesia; and

WHEREAS, since 1933, Doctor's Day has been celebrated in the United States each March 30 to commemorate this important event in medical history and to serve as a focus for health promotion throughout the country; and

WHEREAS, promoting health today is the most important part of preventing disease tomorrow; and

WHEREAS, the Fredericksburg Area Regional Health Council, Inc., has developed a health education program called D.A.T.E.; and

WHEREAS, improper Diet, use of Alcohol, other drugs, and Tobacco, and inadequate Exercise are the four primary correctable risk factors in the 10 leading causes of death in the United States; and

WHEREAS, the D.A.T.E. program addresses these four correctable risk factors by urging children, young adults, adults, and the elderly to modify unhealthy behavior to prevent premature death; and

WHEREAS, the D.A.T.E. program is designed for all citizens of Virginia; and

WHEREAS, on March 30, 1997, the Fredericksburg Area Regional Health Council plans to launch the D.A.T.E. program, which has been endorsed by the Medical Society of Virginia; now, therefore, be it

RESOLVED by the House of Delegates, the Senate concurring, That the General Assembly hereby designate Doctor's Day, March 30, in 1997, and in each succeeding year, as Virginia's D.A.T.E. for a Healthy Future; and, be it

RESOLVED FURTHER, That the General Assembly urge the citizens of Virginia to follow the suggestions of this worthwhile initiative to improve the health of all Virginians.

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