

2024 SESSION

HOUSE SUBSTITUTE

24107137D

HOUSE BILL NO. 1221

AMENDMENT IN THE NATURE OF A SUBSTITUTE

(Proposed by the House Committee on Education

on February 7, 2024)

(Patron Prior to Substitute—Delegate Seibold)

A BILL to amend and reenact § 22.1-207 of the Code of Virginia, relating to health education; menstrual education instruction permitted.

Be it enacted by the General Assembly of Virginia:

1. That § 22.1-207 of the Code of Virginia is amended and reenacted as follows:

§ 22.1-207. Physical and health education.

Physical and health education shall be emphasized throughout the public school curriculum by lessons, drills, and physical exercises, and all pupils in the public elementary, middle, and high schools shall receive as part of the educational program such health instruction and physical training as shall be prescribed by the Board of Education and approved by the State Board of Health. Such health instruction shall incorporate standards that recognize the multiple dimensions of health by including mental health and the relationship of physical and mental health so as to enhance student understanding, attitudes, and behavior that promote health, well-being, and human dignity. Such health instruction may include an age-appropriate program of instruction on the safe use of and risks of abuse of prescription drugs that is consistent with curriculum guidelines developed by the Board and approved by the State Board of Health. *Any such health instruction offered to students in grades four through eight may incorporate a program of instruction on menstrual education.*

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