## 2020 SESSION

## HOUSE JOINT RESOLUTION NO. 325

Commending Girls on the Run of NOVA.

Agreed to by the House of Delegates, March 2, 2020 Agreed to by the Senate, March 4, 2020

WHEREAS, for 20 years, Girls on the Run of NOVA has empowered girls to become successful women by teaching them the skills they need to be strong, confident, and healthy; and

WHEREAS, established in 2000, Girls on the Run of NOVA is a nonprofit organization that strives to increase the health and wellness of girls in Northern Virginia, their families, and the volunteer coaches who serve them; and

WHEREAS, Girls on the Run of NOVA serves all of Northern Virginia as an independent Council of Girls on the Run International and has inspired more than 70,000 girls to know their limitless potential and boldly pursue their dreams; and

WHEREAS, Girls on the Run of NOVA's trained coaches lead small teams through research-based curricula that include dynamic discussions, activities, and running games; in the course of the 10-week program, girls in third through eighth grade develop essential life skills and nurture an appreciation for health and fitness; and

WHEREAS, Girls on the Run of NOVA's program culminates with a service project and the completion of a celebratory 5k event; and

WHEREAS, with hundreds of coaches already serving students at more than 200 local schools, Girls on the Run of NOVA plans to continue expanding its programs in Prince William County and Loudoun County, as well as increasing financial assistance to ensure that all members of the community are able to participate; and

WHEREAS, Girls on the Run of NOVA will commemorate its 20th anniversary with special events throughout the year; now, therefore, be it

RESOLVED by the House of Delegates, the Senate concurring, That the General Assembly hereby commend Girls on the Run of NOVA on the occasion of its 20th anniversary; and, be it

RESOLVED FURTHER, That the Clerk of the House of Delegates prepare a copy of this resolution for presentation to Girls on the Run of NOVA as an expression of the General Assembly's admiration for the organization's legacy of service to girls throughout Northern Virginia. HJ325ER