# **1999 SESSION**

990488760 **SENATE BILL NO. 1235** 1 2 FLOOR AMENDMENT IN THE NATURE OF A SUBSTITUTE 3 (Proposed by Senator Woods 4 5 6 7 on February 9, 1999) (Patron Prior to Substitute—Senator Williams) A BILL to amend and reenact §§ 2.1-20.1, 32.1-137.6, 32.1-137.15, 38.2-3407.1, 38.2-3407.10, 38.2-4209, 38.2-4214, 38.2-4306.1, 38.2-4312, 38.2-4319 and 38.2-5804 of the Code of Virginia and 8 to amend the Code of Virginia by adding sections numbered 38.2-3407.1:1, 38.2-3407.9:01, and 9 38.2-3407.11:1, and by adding in Title 38.2 a chapter numbered 59, consisting of sections numbered 38.2-5900 through 38.2-5905, relating to review of adverse utilization review decisions; review of 10 11 claims appeal by an independent external panel, Managed Care Ombudsman. Be it enacted by the General Assembly of Virginia: 12 1. That §§ 2.1-20.1, 32.1-137.6, 32.1-137.15, 38.2-3407.1, 38.2-3407.10, 38.2-4209, 38.2-4214, 38.2-4306.1, 38.2-4312, 38.2-4319 and 38.2-5804 of the Code of Virginia are amended and 13 14 reenacted, and that the Code of Virginia is amended by adding sections numbered 38.2-3407.1:1, 15 38.2-3407.9:01, and 38.2-3407.11:1, and by adding in Title 38.2 a chapter numbered 59, consisting 16 of sections numbered 38.2-5900 through 38.2-5905 as follows: 17 18 § 2.1-20.1. Health and related insurance for state employees. 19 A. 1. The Governor shall establish a plan for providing health insurance coverage, including 20 chiropractic treatment, hospitalization, medical, surgical and major medical coverage, for state employees 21 and retired state employees with the Commonwealth paying the cost thereof to the extent of the 22 coverage included in such plan. The Department of Personnel and Training shall administer this section. 23 The plan chosen shall provide means whereby coverage for the families or dependents of state 24 employees may be purchased. The Commonwealth may pay all or a portion of the cost thereof, and for such portion as the Commonwealth does not pay, the employee may purchase the coverage by paying 25 the additional cost over the cost of coverage for an employee. 26 27 2. Such contribution shall be financed through appropriations provided by law. 28 B. The plan shall: 29 1. a. Include coverage for low-dose screening mammograms for determining the presence of occult 30 breast cancer. Such coverage shall make available one screening mammogram to persons age thirty-five 31 through thirty-nine, one such mammogram biennially to persons age forty through forty-nine, and one 32 such mammogram annually to persons age fifty and over and may be limited to a benefit of fifty dollars per mammogram subject to such dollar limits, deductibles, and coinsurance factors as are no less 33 34 favorable than for physical illness generally. The term "mammogram" shall mean an X-ray examination 35 of the breast using equipment dedicated specifically for mammography, including but not limited to the X-ray tube, filter, compression device, screens, film, and cassettes, with an average radiation exposure of 36 37 less than one rad mid-breast, two views of each breast. 38 b. In order to be considered a screening mammogram for which coverage shall be made available 39 under this section: 40 (1) The mammogram must be (i) ordered by a health care practitioner acting within the scope of his 41 licensure and, in the case of an enrollee of a health maintenance organization, by the health maintenance organization physician, (ii) performed by a registered technologist, (iii) interpreted by a qualified 42 radiologist, and (iv) performed under the direction of a person licensed to practice medicine and surgery 43 44 and certified by the American Board of Radiology or an equivalent examining body. A copy of the mammogram report must be sent or delivered to the health care practitioner who ordered it; 45 (2) The equipment used to perform the mammogram shall meet the standards set forth by the 46 47 Virginia Department of Health in its radiation protection regulations; and **48** (3) The mammography film shall be retained by the radiologic facility performing the examination in 49 accordance with the American College of Radiology guidelines or state law. 50 2. Include coverage for the treatment of breast cancer by dose-intensive chemotherapy with 51 autologous bone marrow transplants or stem cell support when performed at a clinical program authorized to provide such therapies as a part of clinical trials sponsored by the National Cancer 52 53 Institute. For persons previously covered under the plan, there shall be no denial of coverage due to the 54 existence of a preexisting condition. 3. Include coverage for postpartum services providing inpatient care and a home visit or visits which 55 shall be in accordance with the medical criteria, outlined in the most current version of or an official 56 update to the "Guidelines for Perinatal Care" prepared by the American Academy of Pediatrics and the American College of Obstetricians and Gynecologists or the "Standards for Obstetric-Gynecologic 57 58 59 Services" prepared by the American College of Obstetricians and Gynecologists. Such coverage shall be

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SB1235S3

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for provided incorporating any changes in such Guidelines or Standards within six months of the publicationof such Guidelines or Standards or any official amendment thereto.

4. a. Include an appeals process for resolution of written complaints concerning denials or partial 62 63 denials of claims that shall provide reasonable procedures for resolution of such written complaints and 64 shall be published and disseminated to all covered state employees. Such appeals process shall include a 65 separate expedited emergency appeals procedure which shall provide resolution within one business day 66 of receipt of a complaint concerning situations requiring immediate medical care. The Department shall contract with one or more impartial health entities to review such denials or partial denials of claims. 67 Impartial health entities may include medical peer review organizations, independent utilization review 68 companies, or other health care entities which the Department shall determine to possess the necessary 69 credentials and otherwise to be qualified to review denials or partial denials of claims. The Department 70 shall adopt regulations to assure that the impartial health entity conducting the reviews have adequate 71 72 standards, credentials and experience for such review. The impartial health entity shall examine the 73 final denial of claims to determine whether the decision is objective, clinically valid, compatible with 74 established principles of health care. The decision of the impartial health entity shall (i) be in writing, 75 (ii) contain findings of fact as to the material issues in the case and the basis for those findings, and (iii) be final and binding if consistent with law and policy. 76

b. Prior to assigning an appeal to an impartial health entity, the Department shall verify that the 77 78 impartial health entity conducting the review of a denial of claims has no relationship or association 79 with (i) the covered employee, (ii) the treating health care provider, or any of its employees or affiliates, 80 (iii) the medical care facility at which the covered service would be provided, or any of its employees or affiliates, or (iv) the development or manufacture of the drug, device, procedure or other therapy which 81 is the subject of the final denial of a claim. There shall be no liability on the part of and no cause of 82 83 action shall arise against any officer or employee of an impartial health entity for any actions taken or 84 not taken or statements made by such officer or employee in good faith in the performance of their 85 powers and duties.

5. Include coverage for early intervention services. For purposes of this section, "early intervention 86 87 services" means medically necessary speech and language therapy, occupational therapy, physical therapy 88 and assistive technology services and devices for dependents from birth to age three who are certified by 89 the Department of Mental Health, Mental Retardation, and Substance Abuse Services as eligible for 90 services under Part H of the Individuals with Disabilities Education Act (20 U.S.C. § 1471 et seq.). 91 Medically necessary early intervention services for the population certified by the Department of Mental 92 Health, Mental Retardation, and Substance Abuse Services shall mean those services designed to help an 93 individual attain or retain the capability to function age-appropriately within his environment, and shall 94 include services which enhance functional ability without effecting a cure.

95 For persons previously covered under the plan, there shall be no denial of coverage due to the 96 existence of a preexisting condition. The cost of early intervention services shall not be applied to any 97 contractual provision limiting the total amount of coverage paid by the insurer to or on behalf of the 98 insured during the insured's lifetime.

99 6. Include coverage for prescription drugs and devices approved by the United States Food and Drug100 Administration for use as contraceptives.

101 7. Not deny coverage for any drug approved by the United States Food and Drug Administration for
102 use in the treatment of cancer on the basis that the drug has not been approved by the United States
103 Food and Drug Administration for the treatment of the specific type of cancer for which the drug has
104 been prescribed, if the drug has been recognized as safe and effective for treatment of that specific type
105 of cancer in one of the standard reference compendia.

8. Not deny coverage for any drug prescribed to treat a covered indication so long as the drug has
been approved by the United States Food and Drug Administration for at least one indication and the
drug is recognized for treatment of the covered indication in one of the standard reference compendia or
in substantially accepted peer-reviewed medical literature.

9. Include coverage for equipment, supplies and outpatient self-management training and education,
including medical nutrition therapy, for the treatment of insulin-dependent diabetes, insulin-using
diabetes, gestational diabetes and noninsulin-using diabetes if prescribed by a healthcare professional
legally authorized to prescribe such items under law. To qualify for coverage under this subdivision,
diabetes outpatient self-management training and education shall be provided by a certified, registered or
licensed health care professional.

116 10. Include coverage for reconstructive breast surgery. For purposes of this section, "reconstructive
117 breast surgery" means surgery performed on and after July 1, 1998, (i) coincident with a mastectomy
118 performed for breast cancer or (ii) following a mastectomy performed for breast cancer to reestablish
119 symmetry between the two breasts. For persons previously covered under the plan, there may be no
120 denial of coverage due to preexisting conditions.

**121** 11. Include coverage for annual pap smears.

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122 12. Include coverage providing a minimum stay in the hospital of not less than forty-eight hours for 123 a patient following a radical or modified radical mastectomy and twenty-four hours of inpatient care 124 following a total mastectomy or a partial mastectomy with lymph node dissection for treatment of breast 125 cancer. Nothing in this subdivision shall be construed as requiring the provision of inpatient coverage 126 where the attending physician in consultation with the patient determines that a shorter period of 127 hospital stay is appropriate.

128 13. Include coverage (i) to persons age fifty and over and (ii) to persons age forty and over who are
129 at high risk for prostate cancer, according to the most recent published guidelines of the American
130 Cancer Society, for one PSA test in a twelve-month period and digital rectal examinations, all in
131 accordance with American Cancer Society guidelines. For the purpose of this subdivision, "PSA testing"
132 means the analysis of a blood sample to determine the level of prostate specific antigen.

133 14. Permit any individual covered under the plan direct access to the health care services of a 134 participating specialist (i) authorized to provide services under the plan and (ii) selected by the covered 135 individual. The plan shall have a procedure by which an individual who has an ongoing special 136 condition may receive a referral to a specialist for such condition who shall be responsible for and 137 capable of providing and coordinating the individual's primary and specialty care related to the initial 138 specialty care referral. If such an individual's care would most appropriately be coordinated by such a 139 specialist, the plan shall refer the individual to a specialist. For the purposes of this subdivision, 140 'special condition" means a condition or disease that is (i) life-threatening, degenerative, or disabling 141 and (ii) requires specialized medical care over a prolonged period of time. Within the treatment period 142 authorized by the referral, such specialist shall be permitted to treat the individual without a further 143 referral from the individual's primary care provider and may authorize such referrals, procedures, tests, 144 and other medical services as the individual's primary care provider would otherwise be permitted to 145 provide or authorize. The plan shall have a procedure by which an individual who has an ongoing 146 special condition that requires ongoing care from a specialist may receive a standing referral to such 147 specialist for the treatment of the special condition. If the primary care provider, in consultation with 148 the plan and the specialist (if any), determines that such a standing referral is appropriate, the plan or issuer shall make such a referral to a specialist. Nothing contained herein shall prohibit the plan from 149 150 requiring a participating specialist to provide written notification to the covered individual's primary 151 care physician of any visit to such specialist. Such notification may include a description of the health 152 care services rendered at the time of the visit.

153 15.a. Include provisions allowing employees to continue receiving health care services for a period
154 of up to ninety days from the date of the primary care physicians notice of termination from any of the
155 plan's provider panels.

156 b. The plan shall notify any provider at least ninety days prior to the date of termination of the 157 provider, except when the provider is terminated for cause.

c. For a period of at least ninety days from the date of the notice of a provider's termination from any of the plan's provider panels, except when a provider is terminated for cause, a provider shall be permitted by the plan to render health care services to any of the covered employees who (i) were in an active course of treatment from the provider prior to the notice of termination, and (ii) request to continue receiving health care services from the provider.

d. Notwithstanding the provisions of subdivision 1, any provider shall be permitted by the plan to
continue rendering health services to any covered employee who has entered the second trimester of
pregnancy at the time of the provider's termination of participation, except when a provider is
terminated for cause. Such treatment shall, at the covered employee's option, continue through the
provision of post-partum care directly related to the delivery.

e. Notwithstanding the provisions of subdivision 1, any provider shall be permitted by the plan to
continue rendering health services to any covered employee who is determined to be terminally ill (as
defined under § 1861 (dd) (3) (A) of the Social Security Act) at the time of a provider's termination of
participation, except when a provider is terminated for cause. Such treatment shall, at the covered
employee's option, continue for the remainder of the employee's life for care directly related to the
treatment of the terminal illness.

174 C. Claims incurred during a fiscal year but not reported during that fiscal year shall be paid from 175 such funds as shall be appropriated by law. Appropriations, premiums and other payments shall be 176 deposited in the employee health insurance fund, from which payments for claims, premiums, cost 177 containment programs and administrative expenses shall be withdrawn from time to time. The funds of 178 the health insurance fund shall be deemed separate and independent trust funds, shall be segregated from 179 all other funds of the Commonwealth, and shall be invested and administered solely in the interests of 180 the employees and beneficiaries thereof. Neither the General Assembly nor any public officer, employee, 181 or agency shall use or authorize the use of such trust funds for any purpose other than as provided in 182 law for benefits, refunds, and administrative expenses, including but not limited to legislative oversight

183 of the health insurance fund.

184 D. For the purposes of this section:

185 "Peer-reviewed medical literature" means a scientific study published only after having been critically 186 reviewed for scientific accuracy, validity, and reliability by unbiased independent experts in a journal 187 that has been determined by the International Committee of Medical Journal Editors to have met the 188 Uniform Requirements for Manuscripts submitted to biomedical journals. Peer-reviewed medical 189 literature does not include publications or supplements to publications that are sponsored to a significant 190 extent by a pharmaceutical manufacturing company or health carrier.

191 "Standard reference compendia" means the American Medical Association Drug Evaluations, the 192 American Hospital Formulary Service Drug Information, or the United States Pharmacopoeia Dispensing 193 Information.

"State employee" means state employee as defined in § 51.1-124.3, employee as defined in 194 195 § 51.1-201, the Governor, Lieutenant Governor and Attorney General, judge as defined in § 51.1-301 196 and judges, clerks and deputy clerks of regional juvenile and domestic relations, county juvenile and domestic relations, and district courts of the Commonwealth, interns and residents employed by the 197 198 School of Medicine and Hospital of the University of Virginia, and interns, residents, and employees of 199 the Medical College of Virginia Hospitals Authority as provided in § 23-50.16:24.

200 E. Provisions shall be made for retired employees to obtain coverage under the above plan. The 201 Commonwealth may, but shall not be obligated to, pay all or any portion of the cost thereof.

202 F. Any self-insured group health insurance plan established by the Department of Personnel and 203 Training which utilizes a network of preferred providers shall not exclude any physician solely on the basis of a reprimand or censure from the Board of Medicine, so long as the physician otherwise meets 204 205 the plan criteria established by the Department.

G. The plan established by the Department shall include, in each planning district, at least two health 206 207 coverage options, each sponsored by unrelated entities. In each planning district that does not have an 208 available health coverage alternative, the Department shall voluntarily enter into negotiations at any time 209 with any health coverage provider who seeks to provide coverage under the plan. This section shall not 210 apply to any state agency authorized by the Department to establish and administer its own health 211 insurance coverage plan separate from the plan established by the Department.

212 H. 1. Any self-insured group health insurance plan established by the Department of Personnel that 213 includes coverage for prescription drugs on an outpatient basis may apply a formulary to the 214 prescription drug benefits provided by the plan if the formulary is developed, reviewed, and updated in 215 consultation with and with the approval of a pharmacy and therapeutics committee, a majority of whose 216 members are licensed physicians.

217 2. If the plan maintains one or more drug formularies, the plan shall establish a process to allow a 218 person to obtain, without additional cost-sharing beyond that provided for formulary prescription drugs 219 in the plan, a specific, medically necessary nonformulary prescription drug if, after reasonable 220 investigation and consultation with the prescribing physician, the formulary drug is determined to be an 221 inappropriate therapy for the medical condition of the person. The plan shall act on such requests 222 within forty-eight hours of receipt of the request.

I. Any plan established by the Department of Personnel and Training requiring preauthorization 223 224 prior to rendering medical treatment shall have personnel available to provide authorization at all times 225 when such preauthorization is required.

226 J. Any plan established by the Department of Personnel and Training shall provide to all covered 227 employees written notice of any benefit reductions during the contract period at least thirty days before 228 such reductions become effective .

229 K. No contract between a provider and any plan established by the Department of Personnel and 230 Training shall include provisions which include an incentive or specific payments made directly, in any 231 form, to a health care provider or health care provider group as an inducement to deny services that such provider or group knows to be medically necessary and appropriate that are provided with respect 232 233 to a covered employees with similar medical conditions. This subsection does not prohibit the use of 234 capitation as a method of payment, nor shall it prohibit the inclusion of provisions that include 235 incentives or payments that reward providers or provider groups for providing services in a 236 cost-effective manner or that promote the quality initiatives established under a managed care health 237 insurance plan.

238 L. 1. The Department of Personnel and Training shall appoint an Ombudsman to promote and 239 protect the interests of covered employees under any state employee's health plan. 240

2. The Ombudsman shall:

241 a. Assist covered employees in understanding their rights and the processes available to them 242 according to their state health plan.

b. Answer inquiries from covered employees by telephone and electronic mail. 243

244 c. Provide to covered employees information concerning the state health plans.

SB1235S3

245 d. Develop information on the types of health plans available, including benefits and complaint 246 procedures and appeals.

247 e. Make available, either separately or through an existing Internet web site utilized by the 248 Department of Personnel and Training, information as set forth in subdivision d and such additional 249 information as he deems appropriate.

250 f. Maintain data on inquiries received, the types of assistance requested, any actions taken and the 251 disposition of each such matter.

252 g. Upon request, assist covered employees in using the procedures and processes available to them 253 from their health plan, including all appeal procedures. Such assistance may require the review of 254 health care records of a covered employee, which shall be done only with that employee's express 255 written consent. The confidentiality of any such medical records shall be maintained in accordance with 256 the confidentiality and disclosure laws of the Commonwealth.

257 h. Ensure that covered employees have access to the services provided by the Ombudsman and that 258 the covered employees receive timely responses from the Ombudsman or his representatives to the 259 inquiries.

260 *i.* Report annually on his activities to the standing committees of the General Assembly having 261 jurisdiction over insurance and over health and the Joint Commission on Health Care by December 1 of 262 each vear. 263

§ 32.1-137.6. Complaint system.

264 A. Each managed care health insurance plan licensee subject to § 32.1-137.2 shall establish and 265 maintain for each of its managed care health insurance plans a complaint system approved by the 266 Commissioner and the Bureau of Insurance to provide reasonable procedures for the resolution of 267 written complaints in accordance with the requirements established under this article and Title 38.2, and 268 shall include the following:

269 1. A record of the complaints shall be maintained for the period set forth in § 32.1-137.16 for review 270 by the Commissioner.

271 2. Each managed care health insurance plan licensee shall provide complaint forms and/or written 272 procedures to be given to covered persons who wish to register written complaints. Such forms or 273 procedures shall include the address and telephone number of the managed care licensee to which 274 complaints shall be directed and the mailing address, telephone number, and the electronic mail address 275 of the Managed Care Ombudsman and shall also specify any required limits imposed by or on behalf of 276 the managed care health insurance plan. Such forms and written procedures shall include a clear and 277 understandable description of the covered person's right to appeal adverse decisions pursuant to 278 § 32.1-137.15.

279 B. The Commissioner, in cooperation with the Bureau of Insurance, shall examine the complaint 280 system. The effectiveness of the complaint system of the managed care health insurance plan licensee in 281 allowing covered persons, or their duly authorized representatives, to have issues regarding quality of 282 care appropriately resolved under this article shall be assessed by the State Health Commissioner under 283 this article. Compliance by the health carrier and its managed care health insurance plans with the terms 284 and procedures of the complaint system, as well as the provisions of Title 38.2, shall be assessed by the 285 Bureau of Insurance.

286 C. As part of the renewal of a certificate, each managed care health insurance plan licensee shall 287 submit to the Commissioner and to the Managed Care Ombudsman an annual complaint report in a 288 form agreed and prescribed by the Board and the Bureau of Insurance. The complaint report shall 289 include, but shall not be limited to (i) a description of the procedures of the complaint system, (ii) the 290 total number of complaints handled through the complaint system, (iii) the disposition of the complaints, 291 (iv) a compilation of the nature and causes underlying the complaints filed, (v) the time it took to 292 process and resolve each complaint, and (vi) the number, amount, and disposition of malpractice claims 293 adjudicated during the year with respect to any of the managed care health insurance plan's health care 294 providers.

295 The Department of Personnel and Training and the Department of Medical Assistance Services shall 296 file similar periodic reports with the Commissioner, in a form prescribed by the Board, providing 297 appropriate information on all complaints received concerning quality of care and utilization review 298 under their respective health benefits program and managed care health insurance plan licensee 299 contractors.

300 D. The Commissioner shall examine the complaint system under subsection B for compliance of the 301 complaint system with respect to quality of care and shall require corrections or modifications as 302 deemed necessary.

303 § 32.1-137.15. Final adverse decision; appeal.

304 A. Each entity shall establish an appeals process, including a process for expedited appeals, to 305 consider any final adverse decision that is appealed by a covered person, his representative, or his

306 provider. Except as provided in subsection E, notification of the results of the appeal process shall be 307 provided to the appellant no later than sixty working days after receiving the required documentation. 308 The decision shall be in writing and shall state the criteria used and the clinical reason for the decision. 309 If the appeal is denied, such notification shall include a clear and understandable description of the 310 covered person's right to appeal final adverse decisions to the Bureau of Insurance in accordance with 311 Chapter 59 (§ 38.2-5900 et seq.) of Title 38.2, the procedures for making such an appeal, and the 312 binding nature and effect of such an appeal, including all forms prescribed by the Bureau of Insurance pursuant to § 38.2-5901. Such notification shall also include the mailing address, telephone number, and 313 314 electronic mail address of the Managed Care Ombudsman.

315 B. Any case under appeal shall be reviewed by a peer of the treating health care provider who 316 proposes the care under review or who was primarily responsible for the care under review. With the exception of expedited appeals, a physician advisor who reviews cases under appeal shall be a peer of 317 318 the treating health care provider, shall be board certified or board eligible, and shall be specialized in a 319 discipline pertinent to the issue under review.

320 A physician advisor or peer of the treating health care provider who renders a decision on appeal 321 shall: (i) not have participated in the adverse decision or any prior reconsideration thereof; (ii) not be 322 employed by or a director of the utilization review entity; and (iii) be licensed to practice in Virginia, or 323 under a comparable licensing law of a state of the United States, as a peer of the treating health care 324 provider.

325 C. The utilization review entity shall provide an opportunity for the appellant to present additional 326 evidence for consideration on appeal. Before rendering an adverse appeal decision, the utilization review 327 entity shall review the pertinent medical records of the covered person's provider and the pertinent 328 records of any facility in which health care is provided to the covered person which have been furnished 329 to the entity.

330 D. In the appeals process, due consideration shall be given to the availability or nonavailability of 331 alternative health care services proposed by the entity. No provision herein shall prevent an entity from 332 considering any hardship imposed by the alternative health care on the patient and his immediate family.

333 E. When an adverse decision or adverse reconsideration is made and the treating health care provider 334 believes that the decision warrants an immediate appeal, the treating health care provider shall have the 335 opportunity to appeal the adverse decision or adverse reconsideration by telephone on an expedited 336 basis.

337 The decision on an expedited appeal shall be made by a physician advisor, peer of the treating health 338 care provider, or a panel of other appropriate health care providers with at least one physician advisor 339 on the panel.

340 The utilization review entity shall decide the expedited appeal no later than one business day after 341 receipt by the entity of all necessary information.

342 An expedited appeal may be requested only when the regular reconsideration and appeals process 343 will delay the rendering of health care in a manner that would be detrimental to the health of the 344 patient. Both providers and utilization review entities shall attempt to share the maximum information by 345 telephone, facsimile machine, or otherwise to resolve the expedited appeal in a satisfactory manner.

An expedited appeal decision may be further appealed through the standard appeal process 346 established by the entity unless all material information and documentation were reasonably available to 347 348 the provider and to the entity at the time of the expedited appeal, and the physician advisor reviewing 349 the case under expedited appeal was a peer of the treating health care provider, was board certified or 350 board eligible, and specialized in a discipline pertinent to the issue under review.

351 F. The appeals process required by this section does not apply to any adverse decision, reconsideration, or final adverse decision rendered solely on the basis that a health benefit plan does not 352 353 provide benefits for the health care rendered or requested to be rendered.

354 G. No entity performing utilization review pursuant to this article or Chapter 53 (§ 38.2-5300 et seq.) 355 of Title 38.2 Article 2.1 of Chapter 5 (§ 32.1-138.6 et seq.), shall terminate the employment or other 356 contractual relationship or otherwise penalize a health care provider for advocating the interest of his patient or patients in the appeals process or invoking the appeals process, unless the provider engages in 357 358 a pattern of filing appeals that are without merit. 359

§ 38.2-3407.1. Interest on accident and sickness claim proceeds.

360 A. If an action to recover the claim proceeds due under an individual or group accident and sickness 361 policy results in a judgment against an insurer, interest on the judgment at the legal rate of interest shall be paid from the date of presentation to the insurer of proof of loss to the date judgment is entered. 362

363 B. If no action is brought, interest upon the claim proceeds paid to the policyholder, insured, 364 claimant, or assignee entitled thereto shall be computed daily at the legal rate of interest from the date 365 of fifteen working days from the insurer's receipt of proof of loss to the date of claim payment.

C. This section shall not apply to individual policies issued prior to July 1, 1990, but shall apply to 366 367 any renewals or reissues of group accident and sickness policies occurring after that date.

SB1235S3

368 D C. This section shall not apply to claims for which payment has been or will be made directly to 369 health care providers pursuant to a negotiated reimbursement arrangement requiring uniform or periodic 370 interim payments to be applied against the insurer's obligation on such claims.

371  $\stackrel{\text{E}}{=} D$ . For purposes of this section, "proof of loss" means all necessary documentation reasonably 372 required by the insurer to make a determination of benefit coverage.

**373** § 38.2-3407.1:1. Interest on accident and sickness claim proceeds; escrow accounts.

A. Within thirty working days from the insurer's receipt of proof of loss, an insurer shall (i) pay the
claim or (ii) place into an interest-bearing demand escrow account, an amount equal to the insurer's
usual and customary payment for the services for which the proof of loss is submitted. For purposes of
this section, proof of loss shall include the identity of the patient and the health care provider, the
service provided, and the date, place and cost of such service.

B. This section shall not apply to claims for which payment has been or will be made directly to
 health care providers pursuant to a negotiated reimbursement arrangement requiring uniform or
 periodic interim payments to be applied against the insurer's obligation on such claims.

C. All interest earned from the money placed in escrow pursuant to subsection A shall be paid
annually to the Virginia Indigent Health Care Trust Fund established pursuant to Chapter 11
(§ 32.1-332 et seq.) of Title 32.1. Contributions to the Virginia Indigent Health Care Trust Fund by
insurers shall be made once annually in January of each calendar year beginning in January 2000. The
policy and details relating to receipt of contributions shall be prescribed by the Board.

D. Any person who knowingly and willfully fails to pay in a timely manner the contribution to the
Virginia Indigent Health Care Trust Fund required by this section shall be civilly liable in an amount
not to exceed \$500 per incident. All penalties collected under this subsection shall be collected and
remitted to the Virginia Indigent Health Care Trust Fund. The Commissioner of Insurance shall be
responsible for enforcing the provisions of this section.

**392** § 38.2-3407.9:01. Prescription drug formularies.

393 A. Each (i) insurer proposing to issue individual or group accident and sickness insurance policies 394 providing hospital, medical and surgical or major medical coverage on an expense-incurred basis; (ii) corporation providing individual or group accident and sickness subscription contracts; and (iii) health 395 396 maintenance organization providing a health care plan for health care services, whose policy, contract 397 or plan, including any certificate or evidence of coverage issued in connection with such policy, contract 398 or plan, includes coverage for prescription drugs on an outpatient basis may apply a formulary to the 399 prescription drug benefits provided by the insurer, corporation, or health maintenance organization if 400 the formulary is developed, reviewed, and updated in consultation with and with the approval of a 401 pharmacy and therapeutics committee, a majority of whose members are licensed physicians.

402 B. If an insurer, corporation, or health maintenance organization maintains one or more drug 403 formularies, each insurer, corporation or health maintenance organization shall:

404 1. Disseminate to participating providers and pharmacists and to any nonpreferred or
405 nonparticipating pharmacists as described in §§ 38.2-3407.7 and 38.2-4312.1, the complete, current
406 drug formulary or formularies maintained by the insurer, corporation, or health maintenance
407 organization, including a list of the prescription drugs on the formulary by major therapeutic category
408 that specifies whether a particular prescription drug is preferred over other drugs; and

2. Establish a process to allow an enrollee to obtain, without additional cost-sharing beyond that
provided for formulary prescription drugs in the enrollee's covered benefits, a specific, medically
necessary nonformulary prescription drug if, after reasonable investigation and consultation with the
prescribing physician, the formulary drug is determined to be an inappropriate therapy for the medical
condition of the enrollee. The insurer, corporation or health maintenance organization shall act on such
requests within forty-eight hours of receipt of the request.

415 § 38.2-3407.10. Health care provider panels.

416 A. As used in this section:

**417** "Carrier" means:

418 1. Any insurer proposing to issue individual or group accident and sickness insurance policies419 providing hospital, medical and surgical or major medical coverage on an expense incurred basis;

420 2. Any corporation providing individual or group accident and sickness subscription contracts;

421 3. Any health maintenance organization providing health care plans for health care services;

422 4. Any corporation offering prepaid dental or optometric services plans; or

423 5. Any other person or organization that provides health benefit plans subject to state regulation, and424 includes an entity that arranges a provider panel for compensation.

425 "Enrollee" means any person entitled to health care services from a carrier.

426 "Provider" means a hospital, physician or any type of provider licensed, certified or authorized by427 statute to provide a covered service under the health benefit plan.

428 "Provider panel" means those providers with which a carrier contracts to provide health care services

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429 to the carrier's enrollees under the carrier's health benefit plan. However, such term does not include an 430 arrangement between a carrier and providers in which any provider may participate solely on the basis 431 of the provider's contracting with the carrier to provide services at a discounted fee-for-service rate.

432 B. Any such carrier which offers a provider panel shall establish and use it in accordance with the 433 following requirements:

434 1. Notice of the development of a provider panel in the Commonwealth or local service area shall be 435 filed with the Department of Health Professions.

2. Carriers shall provide a provider application and the relevant terms and conditions to a provider 436 437 upon request. 438

C. A carrier that uses a provider panel shall establish procedures for:

1. Notifying an enrollee of:

440 a. The termination from the carrier's provider panel of the enrollee's primary care provider who was 441 furnishing health care services to the enrollee; and

442 b. The right of an enrollee upon request to continue to receive health care services for a period of up 443 to sixty ninety days from the date of the primary care provider's notice of termination from a carrier's 444 provider panel, except when a provider is terminated for cause.

445 2. Notifying a provider at least sixty *ninety* days prior to the date of the termination of the provider, 446 except when a provider is terminated for cause.

447 3. Providing reasonable notice to primary care providers in the carrier's provider panel of the 448 termination of a specialty referral services provider.

449 4. Notifying the purchaser of the health benefit plan, whether such purchaser is an individual or an 450 employer providing a health benefit plan, in whole or in part, to its employees and enrollees of the 451 health benefit plan of:

a. A description of all types of payment arrangements that the carrier uses to compensate providers 452 453 for health care services rendered to enrollees, including, but not limited to, withholds, bonus payments, 454 capitation and fee-for-service discounts; and

455 b. The terms of the plan in clear and understandable language which reasonably informs the purchaser of the practical application of such terms in the operation of the plan. 456

D. Whenever a provider voluntarily terminates his contract with a carrier to provide health care 457 services to the carrier's enrollees under a health benefit plan, he shall furnish reasonable notice of such 458 459 termination to his patients who are enrollees under such plan.

E. A carrier may not deny an application for participation or terminate participation on its provider 460 461 panel on the basis of gender, race, age, religion or national origin.

462 F. 1. For a period of at least sixty ninety days from the date of the notice of a provider's termination 463 from the carrier's provider panel, except when a provider is terminated for cause, the provider shall be 464 permitted by the carrier to render health care services to any of the carrier's enrollees who:

a. Were in an active course of treatment from the provider prior to the notice of termination; and

b. Request to continue receiving health care services from the provider.

467 2. Notwithstanding the provisions of subdivision 1, any provider shall be permitted by the carrier to 468 continue rendering health services to any enrollee who has entered the second trimester of pregnancy at 469 the time of a provider's termination of participation, except when a provider is terminated for cause. 470 Such treatment shall, at the enrollee's option, continue through the provision of post-partum care 471 directly related to the delivery.

472 3. Notwithstanding the provisions of subdivision 1, any provider shall be permitted by the carrier to 473 continue rendering health services to any enrollee who is determined to be terminally ill (as defined 474 under § 1861 (dd) (3) (A) of the Social Security Act) at the time of a provider's termination of 475 participation, except when a provider is terminated for cause. Such treatment shall, at the enrollee's 476 option, continue for the remainder of the enrollee's life for care directly related to the treatment of the 477 terminal illness.

478 24. A carrier shall reimburse a provider under this subsection in accordance with the carrier's 479 agreement with the providers.

480 G. 1. A carrier shall provide to a purchaser prior to enrollment and to existing enrollees at least once **481** a year a list of members in its provider panel, which list shall also indicate those providers who are not 482 currently accepting new patients.

2. The information provided under subdivision 1 shall be updated at least once a year.

484 H. No contract between a carrier and a provider may require that the provider indemnify the carrier 485 for the carrier's negligence, willful misconduct, or breach of contract, if any.

I. No contract between a carrier and a provider shall require a provider, as a condition of 486 participation on the panel, to waive any right to seek legal redress against the carrier. 487

488 J. No contract between a carrier and a provider shall prohibit, impede or interfere in the discussion 489 of medical treatment options between a patient and a provider.

490 K. A contract between a carrier and a provider shall permit and require the provider to discuss 491 medical treatment options with the patient.

492 L. Any carrier requiring preauthorization prior to rendering medical treatment shall have personnel 493 available to provide such authorization at all times when such preauthorization is required.

M. Carriers shall provide to their group policyholders written notice of any benefit reductions during 494 495 the contract period at least sixty days before such benefit reductions become effective. Group 496 policyholders shall, in turn, provide to their enrollees written notice of any benefit reductions during the 497 contract period at least thirty days before such benefit reductions become effective.

498 N. No contract between a provider and a carrier shall include provisions which include an incentive 499 or specific payments made directly, in any form, to a health care provider or health care provider group 500 as an inducement to deny services that such provider or group knows to be medically necessary and appropriate that are provided with respect to a specific enrollee or group of enrollees with similar 501 502 medical conditions. This subsection does not prohibit the use of capitation as a method of payment, nor 503 shall it prohibit the inclusion of provisions that include incentives or payments that reward providers or 504 provider groups for providing services in a cost-effective manner or that promote the quality initiatives 505 established under a managed care health insurance plan.

506 LO. The Commission shall have no jurisdiction to adjudicate controversies arising out of this section. 507 MP. The requirements of this section shall apply to all insurance policies, contracts, and plans 508 delivered, issued for delivery, reissued, or extended on or after July 1, 1996, or at any time after the 509 effective date hereof when any term of any such policy, contract, or plan is changed or any premium 510 adjustment is made. In addition, the requirements of this section shall apply to contracts between carriers 511 and providers that are entered into or renewed on or after July 1, 1996. However, the ninety day period 512 referred to in subdivision C 1 b and C 2 of this section shall apply to contracts between carriers and providers that are entered into or renewed on or after July 1, 1999, the requirements set forth in 513 514 subdivisions F = 2 and F = 3 shall apply to contracts between carriers and providers that are entered into or renewed on or after July 1, 1999, and the requirements set forth in subsections L, M, and N shall 515 516 apply to contracts between carriers and providers that are entered into or renewed on or after July 1, 517 1999. 518

§ 38.2-3407.11:1. Access to specialists; standing referrals.

519 A. Each (i) insurer proposing to issue individual or group accident and sickness insurance policies 520 providing hospital, medical and surgical or major medical coverage on an expense-incurred basis, (ii) 521 corporation providing individual or group accident and sickness subscription contracts, and (iii) health 522 maintenance organization providing a health care plan for health care services shall permit any 523 individual covered thereunder direct access, as provided in subsection B, to the health care services of a 524 participating specialist (i) authorized to provide services under such policy, contract or plan and (ii) 525 selected by such individual.

526 B. An insurer, corporation, or health maintenance organization, in connection with the provision of 527 health insurance coverage, shall have a procedure by which an individual who is a participant, 528 beneficiary, or enrollee and who has an ongoing special condition may receive a referral to a specialist 529 for such condition who shall be responsible for and capable of providing and coordinating the 530 individual's primary and specialty care related to the initial specialty care referral. If such an 531 individual's care would most appropriately be coordinated by such a specialist, such plan or issuer shall 532 refer the individual to a specialist. For the purposes of this section, "special condition" means a 533 condition or disease that is (i) life-threatening, degenerative, or disabling and (ii) requires specialized 534 medical care over a prolonged period of time.

535 C. Within the treatment period authorized by the referral, such specialist shall be permitted to treat 536 the individual without a further referral from the individual's primary care provider and may authorize 537 such referrals, procedures, tests, and other medical services as the individual's primary care provider 538 would otherwise be permitted to provide or authorize.

539 D. An insurer, corporation, or health maintenance organization in connection with the provision of 540 health insurance coverage, shall have a procedure by which an individual who is a participant, 541 beneficiary, or enrollee and who has an ongoing special condition that requires ongoing care from a 542 specialist may receive a standing referral to such specialist for the treatment of the special condition. If 543 the plan or issuer, or if the primary care provider in consultation with the plan or issuer and the 544 specialist (if any), determines that such a standing referral is appropriate, the plan or issuer shall make 545 such a referral to a specialist.

546 E. Nothing contained herein shall prohibit an insurer, corporation, or health maintenance 547 organization from requiring a participating specialist to provide written notification to the covered 548 individual's primary care physician of any visit to such specialist. Such notification may include a 549 description of the health care services rendered at the time of the visit.

550 F. Each insurer, corporation or health maintenance organization subject to the provisions of this section shall inform subscribers of the provisions of this section. Such notice shall be provided in 551

## 10 of 15

552 writing.

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553 G. The requirements of this section shall apply to all insurance policies, contracts, and plans 554 delivered, issued for delivery, reissued, renewed, or extended or at any time when any term of any such 555 policy, contract, or plan is changed or any premium adjustment is made. The provisions of this section 556 shall not apply to short-term travel or accident-only policies, to short-term nonrenewable policies of not 557 more than six months' duration, or policies or contracts issued to persons eligible under Title XVIII of 558 the Social Security Act, known as Medicare, or any other similar coverage under state or federal 559 governmental plans.

§ 38.2-4209. Preferred provider subscription contracts.

A. As used in this section, a "preferred provider subscription contract" is a contract that specifies 561 562 how services are to be covered when rendered by providers participating in a plan, by nonparticipating 563 providers, and by preferred providers.

564 B. Notwithstanding the provisions of §§ 38.2-4218 and 38.2-4221, any nonstock corporation may, as 565 a feature of its plan, offer preferred provider subscription contracts pursuant to the requirements of this section that limit the numbers and types of providers of health care services eligible for payment as 566 preferred providers. 567

568 C. Any such nonstock corporation shall establish terms and conditions that shall be met by a 569 hospital, physician or other type of provider listed in § 38.2-4221 in order to qualify for payment as a 570 preferred provider under the subscription contracts. These terms and conditions shall not discriminate 571 unreasonably against or among health care providers. No hospital, physician or type of provider listed in 572 § 38.2-4221 willing to meet the terms and conditions offered to it or him shall be excluded. Differences in prices among hospitals or other institutional providers produced by a process of individual 573 negotiations with the providers or based on market conditions, or price differences among providers in 574 different geographical areas shall not be deemed unreasonable discrimination. The Commission shall 575 576 have no jurisdiction to adjudicate controversies growing out of this subsection.

D. Mandated types of providers listed in § 38.2-4221 and types of providers whose services are 577 required to be made available and which have been specifically contracted for by the holder of any 578 579 subscription contract shall, to the extent required by  $\S$  38.2-4221, have the same opportunity as do 580 doctors of medicine to qualify for payment as preferred providers.

581 E. Preferred provider subscription contracts shall provide for payment for services rendered by 582 nonpreferred providers, but the payments need not be the same as for preferred providers.

583 F. No contract between a nonstock corporation and a provider shall include provisions which 584 include an incentive or specific payments made directly, in any form, to a health care provider or health 585 care provider group as an inducement to deny services that such provider or group knows to be 586 medically necessary and appropriate that are provided with respect to a specific enrollee or group of 587 enrollees with similar medical conditions. This subsection does not prohibit the use of capitation as a 588 method of payment, nor shall it prohibit the inclusion of provisions that include incentives or payments 589 that reward providers or provider groups for providing services in a cost-effective manner or that 590 promote the quality initiatives established under a managed care health insurance plan. 591

§ 38.2-4214. Application of certain provisions of law.

592 No provision of this title except this chapter and, insofar as they are not inconsistent with this 593 chapter, §§ 38.2-200, 38.2-203, 38.2-210 through 38.2-213, 38.2-218 through 38.2-225, 38.2-230, 38.2-232, 38.2-305, 38.2-316, 38.2-322, 38.2-400, 38.2-402 through 38.2-413, 38.2-500 through 594 595 38.2-515, 38.2-600 through 38.2-620, 38.2-700 through 38.2-705, 38.2-900 through 38.2-904, 38.2-1017, 38.2-1018, 38.2-1038, 38.2-1040 through 38.2-1044, Articles 1 (§ 38.2-1300 et seq.) and 2 (§ 38.2-1306.2 et seq.) of Chapter 13, §§ 38.2-1312, 38.2-1314, 38.2-1317 through 38.2-1328, 38.2-1334, 596 597 (§ 58.2-1506.2 et seq.) of Chapter 15, §§ 58.2-1512, 58.2-1514, 58.2-1517 through 58.2-1528, 58.2-1534, 38.2-1340, 38.2-1340, 38.2-1400 through 38.2-1444, 38.2-1800 through 38.2-1836, 38.2-3400, 38.2-3401, 38.2-3404, 38.2-3405, 38.2-3407.1 through 38.2-3407.6, 38.2-3407.9, 38.2-3407.9, 38.2-3407.10, 38.2-3407.11, 38.2-3407.11, 38.2-3407.12, 38.2-3409, 38.2-3411 through 38.2-3407.9, 38.2-3407.9, 38.2-3407.10, 38.2-3407.11, 38.2-3407.12, 38.2-3409, 38.2-3514.2, 38.2-3516 through 38.2-3520 as they apply to Medicare supplement policies, 38.2-3522.1 through 38.2-3523.4, §§ 38.2-3525, 38.2-3540.1, 38.2-3541, 38.2-3542, 38.2-3543.2, 38.2-3607, Chapter 53 **598** 599 600 601 602 603 604 (§ 38.2-5300 et seq.), and Chapter 58 (§ 38.2-5800 et seq.) of this title shall apply to the operation of a plan. 605

§ 38.2-4306.1. Interest on claim proceeds.

607 A. If an action to recover the claim proceeds due under a health care plan results in a judgment 608 against a health maintenance organization, interest on the judgment at the legal rate of interest shall be 609 paid from the date of presentation to the health maintenance organization of proof of loss to the date 610 judgment is entered.

611 B. If no action is brought, interest upon the claim proceeds paid to the subscriber, claimant, or 612 assignee entitled thereto shall be computed daily at the legal rate of interest from the date of thirty 613 calendar days from the health maintenance organization's receipt of proof of loss to the date of claim

SB1235S3

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## 11 of 15

614 payment.

615 C. This section shall not apply to individual contracts issued prior to July 1, 1990, but shall apply to 616 any renewals or reissues of group contracts occurring after that date.

617 DC. This section shall not apply to claims for which payment has been or will be made directly to 618 health care providers pursuant to a negotiated reimbursement arrangement requiring uniform or periodic 619 interim payments to be applied against the health maintenance organization's obligation on such claims.

620 ED. For purposes of this section, "proof of loss" means all necessary documentation reasonably 621 required by the health maintenance organization to make a determination of benefit coverage.

622 § 38.2-4312. Prohibited practices.

A. No health maintenance organization or its representative may cause or knowingly permit the use
of (i) advertising that is untrue or misleading, (ii) solicitation that is untrue or misleading, or (iii) any
form of evidence of coverage that is deceptive. For the purposes of this chapter:

626 1. A statement or item of information shall be deemed to be untrue if it does not conform to fact in any respect that is or may be significant to an enrollee or person considering enrollment in a health care
628 plan;

629 2. A statement or item of information shall be deemed to be misleading, whether or not it may be
630 literally untrue, if the statement or item of information may be understood by a reasonable person who
631 has no special knowledge of health care coverage as indicating (i) a benefit or advantage if that benefit
632 or advantage does not in fact exist or (ii) the absence of any exclusion, limitation or disadvantage of
633 possible significance to an enrollee or person considering enrollment in a health care plan if the absence
634 of that exclusion, limitation, or disadvantage does not in fact exist; consideration shall be given to the
635 total context in which the statement is made or the item of information is communicated; and

636 3. An evidence of coverage shall be deemed to be deceptive if it causes a reasonable person who has
637 no special knowledge of health care plans to expect benefits, services, charges, or other advantages that
638 the evidence of coverage does not provide or that the health care plan issuing the evidence of coverage
639 does not regularly make available for enrollees covered under the evidence of coverage; consideration
640 shall be given to the evidence of coverage taken as a whole and to the typography, format, and
641 language.

642 B. The provisions of Chapter 5 (§38.2-500 et seq.) of this title shall apply to health maintenance
643 organizations, health care plans, and evidences of coverage except to the extent that the Commission
644 determines that the nature of health maintenance organizations, health care plans, and evidences of
645 coverage render any of the provisions clearly inappropriate.

646 C. No health maintenance organization, unless licensed as an insurer, may use in its name, contracts,
647 or literature (i) any of the words "insurance," "casualty," "surety," "mutual," or (ii) any other words
648 descriptive of the insurance, casualty, or surety business or deceptively similar to the name or
649 description of any insurance or fidelity and surety insurer doing business in this Commonwealth.

D. No health maintenance organization shall discriminate on the basis of race, creed, color, sex or religion in the selection of health care providers for participation in the organization.

E. No health maintenance organization shall unreasonably discriminate against physicians as a class
or any class of providers listed in § 38.2-4221 or pharmacists when contracting for specialty or referral
practitioners or providers, provided the plan covers services which the members of such classes are
licensed to render. Nothing contained in this section shall prevent a health maintenance organization
from selecting, in the judgment of the health maintenance organization, the numbers of providers
necessary to render the services offered by the health maintenance organization.

658 F. No contract between a health maintenance organization and a provider shall include provisions 659 which include an incentive or specific payments made directly, in any form, to a health care provider or 660 health care provider group as an inducement to deny services that such provider or group knows to be medically necessary and appropriate that are provided with respect to a specific enrollee or group of **661** enrollees with similar medical conditions. This subsection does not prohibit the use of capitation as a 662 **663** method of payment, nor shall it prohibit the inclusion of provisions that include incentives or payments 664 that reward providers or provider groups for providing services in a cost-effective manner or that 665 promote the quality initiatives established under a managed care health insurance plan.

**666** § 38.2-4319. Statutory construction and relationship to other laws.

667 A. No provisions of this title except this chapter and, insofar as they are not inconsistent with this chapter, §§ 38.2-100, 38.2-200, 38.2-203, 38.2-210 through 38.2-213, 38.2-218 through 38.2-225, **668** 38.2-229, 38.2-232, 38.2-305, 38.2-316, 38.2-322, 38.2-400, 38.2-402 through 38.2-413, 38.2-500 669 670 through 38.2-515, 38.2-600 through 38.2-620, Chapter 9 (§ 38.2-900 et seq.) of this title, 38.2-1057, 671 38.2-1306.2 through 38.2-1309, Articles 4 (§ 38.2-1317 et seq.) and 5 (§ 38.2-1322 et seq.) of Chapter 13, Articles 1 (§ 38.2-1400 et seq.) and 2 (§ 38.2-1412 et seq.) of Chapter 14, §§ 38.2-1800 through 672 38.2-1836, 38.2-3401, 38.2-3405, 38.2-3405.1, 38.2-3407.1.1, 38.2-3407.2 through 38.2-3407.6, 673 38.2-3407.9, 38.2-3407.9:01, 38.2-3407.10, 38.2-3407.11, 38.2-3407.1:1, 38.2-3407.12, 38.2-3411.2, 674

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38.2-3414.1, 38.2-3418.1 through 38.2-3418.7, 38.2-3419.1, 38.2-3430.1 through 38.2-3437, 38.2-3500, 675 38.2-3514.1, 38.2-3514.2, 38.2-3522.1 through 38.2-3523.4, 38.2-3525, 38.2-3542, 38.2-3543.2, Chapter 676 53 (§ 38.2-5300 et seq.) and Chapter 58 (§ 38.2-5800 et seq.) of this title shall be applicable to any 677 health maintenance organization granted a license under this chapter. This chapter shall not apply to an **678** 679 insurer or health services plan licensed and regulated in conformance with the insurance laws or Chapter 680 42 (§ 38.2-4200 et seq.) of this title except with respect to the activities of its health maintenance 681 organization.

**682** B. Solicitation of enrollees by a licensed health maintenance organization or by its representatives 683 shall not be construed to violate any provisions of law relating to solicitation or advertising by health **684** professionals.

C. A licensed health maintenance organization shall not be deemed to be engaged in the unlawful **685** 686 practice of medicine. All health care providers associated with a health maintenance organization shall **687** be subject to all provisions of law.

688 D. Notwithstanding the definition of an eligible employee as set forth in § 38.2-3431, a health 689 maintenance organization providing health care plans pursuant to § 38.2-3431 shall not be required to 690 offer coverage to or accept applications from an employee who does not reside within the health 691 maintenance organization's service area.

**692** § 38.2-5804. Complaint system.

693 A. A health carrier subject to subsection B of § 38.2-5801 shall establish and maintain for each of its 694 MCHIPs a complaint system approved by the Commission and the State Health Commissioner to 695 provide reasonable procedures for the resolution of written complaints in accordance with requirements 696 in or established pursuant to provisions in this title and Title 32.1 and shall include the following: 697

1. A record of the complaints shall be maintained for no less than five years.

**698** 2. Such health carrier shall provide complaint forms and/or written procedures to be given to covered 699 persons who wish to register written complaints. Such forms or procedures shall include the address and 700 telephone number of the managed care licensee to which complaints shall be directed and the mailing 701 address, telephone number, and electronic mail address of the Managed Care Ombudsman, and shall 702 also specify any required limits imposed by or on behalf of the MCHIP. Such forms and written 703 procedures shall include a clear and understandable description of the covered person's right to appeal 704 adverse decisions pursuant to § 32.1-137.15.

705 B. The Commission, in cooperation with the State Health Commissioner, shall examine the complaint 706 system. The effectiveness of the complaint system of the managed care health insurance plan licensee in 707 allowing covered persons, or their duly authorized representatives, to have issues regarding quality of 708 care appropriately resolved under this chapter shall be assessed by the State Health Commissioner 709 pursuant to provisions in Title 32.1 and the regulations promulgated thereunder. Compliance by the health carrier and its managed care health insurance plans with the terms and procedures of the 710 711 complaint system, as well as the provisions of this title, shall be assessed by the Commission.

712 C. The health carrier for each MCHIP shall submit to the Commission and the State Health 713 Commissioner an annual complaint report in a form prescribed by the Commission and the Board of Health. The complaint report shall include (i) a description of the procedures of the complaint system, 714 (ii) the total number of complaints handled through the grievance or complaint system, (iii) the 715 716 disposition of the complaints, (iv) a compilation of the nature and causes underlying the complaints 717 filed, (v) the time it took to process and resolve each complaint, and (vi) the number, amount, and 718 disposition of malpractice claims adjudicated during the year with respect to any of the MCHIP's 719 affiliated providers.

720 D. The provisions of Chapter 5 (§ 38.2-500 et seq.) of this title shall apply to the health carrier, its 721 MCHIPs, and evidence of coverage and representations thereto, except to the extent that the Commission 722 determines that the nature of the health carrier, its MCHIP, and evidences of coverage and 723 representations thereto render any of the provisions clearly inappropriate. 724

CHAPTER 59.

## INDEPENDENT EXTERNAL REVIEW OF ADVERSE UTILIZATION REVIEW DECISIONS.

§ 38.2-5900. Application of chapter; definitions.

727 This chapter shall apply to all utilization review entities established pursuant to Article 1.2 728 (§ 32.1-137.7 et seq.) of Chapter 5 of Title 32.1. The definitions in § 32.1-137.7 shall have the same 729 meanings ascribed to them in § 32.1-137.7 when used in this chapter.

730 § 38.2-5901. Review by the Bureau of Insurance.

A. A covered person or a treating health care provider, with the consent of the covered person, may 731 732 in accordance with this section appeal to the Bureau of Insurance for review of any final adverse 733 decision concerning a health service costing more than \$500, determined in accordance with regulations adopted by the Commission. The appeal shall be filed within thirty days of the final adverse decision, 734 735 shall be in writing on forms prescribed by the Bureau of Insurance, shall include a general release executed by the covered person for all medical records pertinent to the appeal, and shall be 736

#### 13 of 15

737 accompanied by a fifty-dollar nonrefundable filing fee. The fee shall be collected by the Commission and 738 paid directly into the state treasury and credited to the fund for the maintenance of the Bureau of 739 Insurance as provided in subsection B of § 38.2-400. The Commission may, for good cause shown, 740 waive the filing fee upon a finding that payment of the filing fee will cause undue financial hardship for 741 the covered person. The Bureau of Insurance shall provide a copy of the written appeal to the 742 utilization review entity which made the final adverse decision.

743 B. The Bureau of Insurance or its designee shall conduct a preliminary review of the appeal to 744 determine (i) whether the applicant is a covered person or a treating health care provider with the 745 consent of the covered person, (ii) whether the benefit or service that is the subject of the application 746 reasonably appears to be a covered service costing more than \$500, (iii) whether all complaint and 747 appeal procedures available under Article 1.2 (§ 32.1-137.7 et seq.) of Chapter 5 of Title 32.1 have 748 been exhausted, and (iv) whether the application is otherwise complete and filed in compliance with this 749 section. Such preliminary review shall be conducted within fifteen days of receipt of all information and 750 documentation necessary to conduct a preliminary review. The Bureau of Insurance shall not accept for 751 review any application which fails to meet the criteria set forth in this subsection. Within five working 752 days of completion of the preliminary review, the Bureau of Insurance or its designee shall notify the 753 applicant and the utilization review entity in writing whether the appeal has been accepted for review, 754 and if not accepted, the reasons therefor.

755 C. The covered person, the treating health care provider, and the utilization review entity shall 756 provide copies of the medical records relevant to the final adverse decision to the Bureau of Insurance 757 within ten working days after the Bureau of Insurance has mailed written notice of its acceptance of the 758 appeal. The confidentiality of such medical records shall be maintained in accordance with the 759 confidentiality and disclosure laws of the Commonwealth. The Bureau of Insurance or its designee may, 760 if deemed necessary, request additional medical records from the covered person, any treating health care provider or the utilization review entity. Failure to comply with such request within twenty working 761 762 days from the date of such request may result in dismissal of the appeal or reversal of the final adverse 763 decision in the discretion of the Commissioner of Insurance. 764

§ 38.2-5902. Appeals; impartial health entity.

765 A. The Bureau of Insurance shall contract with one or more impartial health entities for the purpose 766 of performing the review of final adverse decisions. The Commission shall adopt regulations to assure 767 that the impartial health entity conducting the review has adequate standards, credentials and experience for such review. The impartial health entity shall examine the final adverse decision to 768 769 determine whether the decision is objective, clinically valid, compatible with established principles of 770 health care, and appropriate in light of the contractual obligations of the utilization review entity. The 771 impartial health entity shall review the written appeal; the response of the utilization review entity; any 772 affidavits which either the covered person, the treating health care provider, or the utilization review entity may file with the Bureau of Insurance; and such medical records as the impartial health entity 773 774 shall deem appropriate. The impartial health entity shall issue its written recommendation affirming, 775 modifying or reversing the final adverse decision within sixty days of the acceptance of the appeal by 776 the Bureau of Insurance. The Commissioner of Insurance, based upon such recommendation, shall issue 777 a written ruling affirming, modifying or reversing the final adverse decision. Such written ruling shall 778 not be construed as a final finding, order or judgment of the Commission. The Commissioner's written 779 ruling shall carry out the recommendations of the impartial health entity unless the impartial health 780 entity exceeded its authority or acted arbitrarily or capriciously. The written ruling of the Commissioner 781 shall bind the covered person and the utilization review entity to the extent to which each would have 782 been obligated by a judgment entered in an action at law or in equity with respect to the final adverse 783 decision.

784 B. The Bureau of Insurance shall contract with one or more impartial health entities such as 785 medical peer review organizations, independent utilization review companies, or other health care 786 entities which the Bureau of Insurance shall determine to possess the necessary credentials and 787 otherwise to be qualified to perform such review. Prior to assigning an appeal to an impartial health 788 entity, the Bureau of Insurance shall verify that the impartial health entity conducting the review of a 789 final adverse decision has no relationship or association with (i) the utilization review entity, or any 790 officer, director or manager of such utilization review entity, (ii) the covered person, (iii) the treating 791 health care provider, or any of its employees or affiliates, (iv) the medical care facility at which the 792 covered service would be provided, or any of its employees or affiliates, or (v) the development or 793 manufacture of the drug, device, procedure or other therapy which is the subject of the final adverse 794 decision.

795 C. There shall be no liability on the part of and no cause of action shall arise against any officer or 796 employee of an impartial health entity for any actions taken or not taken or statements made by such 797 officer or employee in good faith in the performance of their powers and duties.

## 14 of 15

798 D. Any managed care health insurance plan licensee that is required to provide previously denied 799 services as a result of the review by the impartial health entity shall be subject to payment of such fees 800 as the Commission shall deem appropriate to cover the costs of the review. 801

§ 38.2-5903. Assessment to fund appeals.

802 A. Each licensed insurer, health maintenance organization, and health services plan doing business 803 in the Commonwealth by writing any type of insurance as defined in § 38.2-109 shall pay, in addition to 804 any other assessments provided in this title, an assessment in an amount not to exceed 0.015 percent of the direct gross premium income during the preceding calendar year. Such assessment shall be based 805 upon the anticipated costs attributable to implementation of the review of final adverse decisions by the 806 Bureau of Insurance pursuant to this chapter, adjusted for actual receipts and expenditures in the prior 807 fiscal year. The assessment shall be apportioned and assessed and paid as prescribed by § 38.2-403. 808

809 B. The assessment shall be collected by the Commission and paid directly into the state treasury and 810 credited to the fund for the maintenance of the Bureau of Insurance as provided in subsection B of 811 § 38.2-400. 812

§ 38.2-5904. Managed Care Ombudsman established; responsibilities.

813 A. The Office of Managed Care Ombudsman is hereby created within the Bureau of Insurance. The 814 Managed Care Ombudsman shall promote and protect the interests of covered persons under managed health insurance plans in the Commonwealth. All state agencies shall assist and cooperate with the 815 816 Managed Care Ombudsman in the performance of his duties under this chapter. The definitions in 817 § 32.1-137.7 shall have the same meanings ascribed to them in § 32.1-137.7 when used in this section.

818 B. The Managed Care Ombudsman shall:

819 1. Assist covered persons in understanding their rights and the processes available to them according 820 to their managed health insurance plan. 821

2. Answer inquiries from covered persons and other citizens by telephone and electronic mail.

822 3. Provide to covered persons and other citizens information concerning managed care health 823 insurance plans and other utilization review entities upon request.

824 4. Develop information on the types of managed health insurance plans available in the 825 Commonwealth, including mandated benefits and utilization review procedures and appeals.

826 5. Make available, either separately or through an existing Internet web site utilized by the Bureau 827 of Insurance, information as set forth in subdivision 4 and such additional information as he deems 828 appropriate.

829 6. In conjunction with complaint and inquiry data collected and in accordance with § 38.2-5804, 830 maintain data on inquiries received, the types of assistance requested, any actions taken and the 831 disposition of each such matter.

832 7. Upon request, assist covered persons in using the procedures and processes available to them 833 from their managed health insurance plan, including all utilization review appeals. Such assistance may 834 require the review of insurance and health care records of a covered person, which shall be done only with that person's express written consent. The confidentiality of any such medical records shall be 835 836 maintained in accordance with the confidentiality and disclosure laws of the Commonwealth.

837 8. Ensure that covered persons have access to the services provided through the Office and that the 838 covered persons receive timely responses from the representatives of the Office to the inquiries.

839 9. Provide assessments of proposed and existing managed care health insurance laws and other 840 studies of managed care health insurance plan issues upon request by any of the standing committees of the General Assembly having jurisdiction over insurance or health or the Joint Commission on Health 841 842 Care. 843

10. Monitor changes in federal and state laws relating to health insurance.

844 11. Report annually on his activities to the standing committees of the General Assembly having 845 jurisdiction over insurance and over health and the Joint Commission on Health Care by December 1 of 846 each year, which report shall include a summary of significant new developments in federal and state 847 laws relating to health insurance each year. 848

12. Carry out activities as the Commission determines to be appropriate.

§ 38.2-5905. Rules and regulations.

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850 The Commission shall promulgate regulations effectuating the purpose or this chapter. Such 851 regulations shall include (i) provisions for expedited consideration of appeals in cases involving 852 emergency health care and (ii) standards, credentials and qualifications for impartial health entities.

2. That the State Corporation Commission shall promulgate the first set of regulations to 853 implement the provisions of Chapter 59 of Title 38.2 of this act to be effective within 280 days of 854 855 the enactment of this provision.

3. This act shall take effect on July 1, 1999; however, the appeal processes set forth in Chapter 59 856 of Title 38.2 of this act shall not take effect until the earlier of (i) ninety days following the 857 858 promulgation of regulations by the State Corporation Commission as set forth in § 38.2-5905 or (ii) July 1, 2000. The provisions of this act amending §§ 38.2-3407.1 and 38.2-4306.1 and adding 859

860 38.2-3407.1:1 shall not become effective until July 1, 2000.