

1 VIRGINIA ACTS OF ASSEMBLY — CHAPTER

2 *An Act to amend and reenact § 2.1-20.1 of the Code of Virginia as it is currently effective and as it*
3 *may become effective, relating to the health care plan for state employees; coverage for diabetes.*

4 [S 245]

5 Approved

6 **Be it enacted by the General Assembly of Virginia:**

7 **1. That § 2.1-20.1 of the Code of Virginia, as it is currently effective and as it may become**
8 **effective, is amended and reenacted as follows:**

9 § 2.1-20.1. Health and related insurance for state employees.

10 A. 1. The Governor shall establish a plan for providing health insurance coverage, including
11 chiropractic treatment, hospitalization, medical, surgical and major medical coverage, for state employees
12 and retired state employees with the Commonwealth paying the cost thereof to the extent of the
13 coverage included in such plan. The Department of Personnel and Training shall administer this section.
14 The plan chosen shall provide means whereby coverage for the families or dependents of state
15 employees may be purchased. The Commonwealth may pay all or a portion of the cost thereof, and for
16 such portion as the Commonwealth does not pay, the employee may purchase the coverage by paying
17 the additional cost over the cost of coverage for an employee.

18 2. Such contribution shall be financed through appropriations provided by law.

19 B. The plan shall:

20 1. Include coverage for low-dose screening mammograms for determining the presence of occult
21 breast cancer. Such coverage shall make available one screening mammogram to persons age thirty-five
22 through thirty-nine, one such mammogram biennially to persons age forty through forty-nine, one such
23 mammogram annually to persons age fifty and over and may be limited to a benefit of fifty dollars per
24 mammogram subject to such dollar limits, deductibles, and coinsurance factors as are no less favorable
25 than for physical illness generally. The term "mammogram" shall mean an X-ray examination of the
26 breast using equipment dedicated specifically for mammography, including but not limited to the X-ray
27 tube, filter, compression device, screens, film, and cassettes, with an average radiation exposure of less
28 than one rad mid-breast, two views of each breast.

29 2. Include coverage for the treatment of breast cancer by dose-intensive chemotherapy with
30 autologous bone marrow transplants or stem cell support when performed at a clinical program
31 authorized to provide such therapies as a part of clinical trials sponsored by the National Cancer
32 Institute. For persons previously covered under the plan, there shall be no denial of coverage due to the
33 existence of a preexisting condition.

34 3. Include coverage for postpartum services providing inpatient care and a home visit or visits which
35 shall be in accordance with the medical criteria, outlined in the most current version of or an official
36 update to the "Guidelines for Perinatal Care" prepared by the American Academy of Pediatrics and the
37 American College of Obstetricians and Gynecologists or the "Standards for Obstetric-Gynecologic
38 Services" prepared by the American College of Obstetricians and Gynecologists. Such coverage shall be
39 provided incorporating any changes in such Guidelines or Standards within six months of the publication
40 of such Guidelines or Standards or any official amendment thereto.

41 4. Include an appeals process for resolution of written complaints concerning denials or partial
42 denials of claims that shall provide reasonable procedures for resolution of such written complaints and
43 shall be published and disseminated to all covered state employees. Such appeals process shall include a
44 separate expedited emergency appeals procedure which shall provide resolution within one business day
45 of receipt of a complaint concerning situations requiring immediate medical care.

46 5. Include coverage for early intervention services. For purposes of this section, "early intervention
47 services" means medically necessary speech and language therapy, occupational therapy, physical therapy
48 and assistive technology services and devices for dependents from birth to age three who are certified by
49 the Department of Mental Health, Mental Retardation, and Substance Abuse Services as eligible for
50 services under Part H of the Individuals with Disabilities Education Act (20 U.S.C. § 1471 et seq.).
51 Medically necessary early intervention services for the population certified by the Department of Mental
52 Health, Mental Retardation, and Substance Abuse Services shall mean those services designed to help an
53 individual attain or retain the capability to function age-appropriately within his environment, and shall
54 include services which enhance functional ability without effecting a cure.

55 For persons previously covered under the plan, there shall be no denial of coverage due to the
56 existence of a preexisting condition. The cost of early intervention services shall not be applied to any

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contractual provision limiting the total amount of coverage paid by the insurer to or on behalf of the insured during the insured's lifetime.

6. Include coverage for prescription drugs and devices approved by the United States Food and Drug Administration for use as contraceptives.

7. Not deny coverage for any drug approved by the United States Food and Drug Administration for use in the treatment of cancer on the basis that the drug has not been approved by the United States Food and Drug Administration for the treatment of the specific type of cancer for which the drug has been prescribed, if the drug has been recognized as safe and effective for treatment of that specific type of cancer in any of the standard reference compendia.

8. Not deny coverage for any drug prescribed to treat a covered indication so long as the drug has been approved by the United States Food and Drug Administration for at least one indication and the drug is recognized for treatment of the covered indication in one of the standard reference compendia or in substantially accepted peer-reviewed medical literature.

9. *Include coverage for equipment, supplies and outpatient self-management training and education, including medical nutrition therapy, for the treatment of insulin-dependent diabetes, insulin-using diabetes, gestational diabetes and non-insulin using diabetes if prescribed by a health care professional legally authorized to prescribe such items under law. To qualify for coverage under this subdivision, diabetes outpatient self-management training and education shall be provided by a certified, registered or licensed health care professional.*

C. Claims incurred during a fiscal year but not reported during that fiscal year shall be paid from such funds as shall be appropriated by law. Appropriations, premiums and other payments shall be deposited in the employee health insurance fund, from which payments for claims, premiums, cost containment programs and administrative expenses shall be withdrawn from time to time. The funds of the health insurance fund shall be deemed separate and independent trust funds, shall be segregated from all other funds of the Commonwealth, and shall be invested and administered solely in the interests of the employees and beneficiaries thereof. Neither the General Assembly nor any public officer, employee, or agency shall use or authorize the use of such trust funds for any purpose other than as provided in law for benefits, refunds, and administrative expenses, including but not limited to legislative oversight of the health insurance fund.

D. For the purposes of this section:

"Peer-reviewed medical literature" means a scientific study published only after having been critically reviewed for scientific accuracy, validity, and reliability by unbiased independent experts in a journal that has been determined by the International Committee of Medical Journal Editors to have met the Uniform Requirements for Manuscripts submitted to biomedical journals. Peer-reviewed medical literature does not include publications or supplements to publications that are sponsored to a significant extent by a pharmaceutical manufacturing company or health carrier.

"Standard reference compendia" means the American Medical Association Drug Evaluations, the American Hospital Formulary Service Drug Information, or the United States Pharmacopoeia Dispensing Information.

"State employee" means state employee as defined in § 51.1-124.3, employee as defined in § 51.1-201, the Governor, Lieutenant Governor and Attorney General, judge as defined in § 51.1-301 and judges, clerks and deputy clerks of regional juvenile and domestic relations, county juvenile and domestic relations, and district courts of the Commonwealth, interns and residents employed by the School of Medicine and Hospital of the University of Virginia, and interns, residents, and employees of the Medical College of Virginia Hospitals Authority as provided in § 23-50.16:24.

E. Provisions shall be made for retired employees to obtain coverage under the above plan. The Commonwealth may, but shall not be obligated to, pay all or any portion of the cost thereof.

F. Any self-insured group health insurance plan established by the Department of Personnel and Training which utilizes a network of preferred providers shall not exclude any physician solely on the basis of a reprimand or censure from the Board of Medicine, so long as the physician otherwise meets the plan criteria established by the Department.

§ 2.1-20.1. (Delayed effective date) Health and related insurance for state employees.

A. 1. The Governor shall establish a plan for providing health insurance coverage, including chiropractic treatment, hospitalization, medical, surgical and major medical coverage, for state employees and retired state employees with the Commonwealth paying the cost thereof to the extent of the coverage included in such plan. The Department of Personnel and Training shall administer this section. The plan chosen shall provide means whereby coverage for the families or dependents of state employees may be purchased. The Commonwealth may pay all or a portion of the cost thereof, and for such portion as the Commonwealth does not pay, the employee may purchase the coverage by paying the additional cost over the cost of coverage for an employee.

2. Such contribution shall be financed through appropriations provided by law.

B. The plan shall:

1. Include coverage for low-dose screening mammograms for determining the presence of occult breast cancer. Such coverage shall make available one screening mammogram to persons age thirty-five through thirty-nine, one such mammogram biennially to persons age forty through forty-nine, one such mammogram annually to persons age fifty and over and may be limited to a benefit of fifty dollars per mammogram subject to such dollar limits, deductibles, and coinsurance factors as are no less favorable than for physical illness generally. The term "mammogram" shall mean an X-ray examination of the breast using equipment dedicated specifically for mammography, including but not limited to the X-ray tube, filter, compression device, screens, film, and cassettes, with an average radiation exposure of less than one rad mid-breast, two views of each breast.

2. Include coverage for the treatment of breast cancer by dose-intensive chemotherapy with autologous bone marrow transplants or stem cell support when performed at a clinical program authorized to provide such therapies as a part of clinical trials sponsored by the National Cancer Institute. For persons previously covered under the plan, there shall be no denial of coverage due to the existence of a preexisting condition.

3. Include coverage for postpartum services providing inpatient care and a home visit or visits which shall be in accordance with the medical criteria, outlined in the most current version of or an official update to the "Guidelines for Perinatal Care" prepared by the American Academy of Pediatrics and the American College of Obstetricians and Gynecologists or the "Standards for Obstetric-Gynecologic Services" prepared by the American College of Obstetricians and Gynecologists. Such coverage shall be provided incorporating any changes in such Guidelines or Standards within six months of the publication of such Guidelines or Standards or any official amendment thereto.

4. Include an appeals process for resolution of written complaints concerning denials or partial denials of claims that shall provide reasonable procedures for resolution of such written complaints and shall be published and disseminated to all covered state employees. Such appeals process shall include a separate expedited emergency appeals procedure which shall provide resolution within one business day of receipt of a complaint concerning situations requiring immediate medical care.

5. Include coverage for early intervention services. For purposes of this section, "early intervention services" means medically necessary speech and language therapy, occupational therapy, physical therapy and assistive technology services and devices for dependents from birth to age three who are certified by the Department of Mental Health, Mental Retardation, and Substance Abuse Services as eligible for services under Part H of the Individuals with Disabilities Education Act (20 U.S.C. § 1471 et seq.). Medically necessary early intervention services for the population certified by the Department of Mental Health, Mental Retardation, and Substance Abuse Services shall mean those services designed to help an individual attain or retain the capability to function age-appropriately within his environment, and shall include services which enhance functional ability without effecting a cure.

For persons previously covered under the plan, there shall be no denial of coverage due to the existence of a preexisting condition. The cost of early intervention services shall not be applied to any contractual provision limiting the total amount of coverage paid by the insurer to or on behalf of the insured during the insured's lifetime.

6. Include coverage for prescription drugs and devices approved by the United States Food and Drug Administration for use as contraceptives.

7. Not deny coverage for any drug approved by the United States Food and Drug Administration for use in the treatment of cancer on the basis that the drug has not been approved by the United States Food and Drug Administration for the treatment of the specific type of cancer for which the drug has been prescribed, if the drug has been recognized as safe and effective for treatment of that specific type of cancer in any of the standard reference compendia.

8. Not deny coverage for any drug prescribed to treat a covered indication so long as the drug has been approved by the United States Food and Drug Administration for at least one indication and the drug is recognized for treatment of the covered indication in one of the standard reference compendia or in substantially accepted peer-reviewed medical literature.

9. *Include coverage for equipment, supplies and outpatient self-management training and education, including medical nutrition therapy, for the treatment of insulin-dependent diabetes, insulin-using diabetes, gestational diabetes and non-insulin using diabetes if prescribed by a health care professional legally authorized to prescribe such items under law. To qualify for coverage under this subdivision, diabetes outpatient self-management training and education shall be provided by a certified, registered or licensed health care professional.*

C. Claims incurred during a fiscal year but not reported during that fiscal year shall be paid from such funds as shall be appropriated by law. Appropriations, premiums and other payments shall be deposited in the employee health insurance fund, from which payments for claims, premiums, cost containment programs and administrative expenses shall be withdrawn from time to time. The funds of

179 the health insurance fund shall be deemed separate and independent trust funds, shall be segregated from
180 all other funds of the Commonwealth, and shall be invested and administered solely in the interests of
181 the employees and beneficiaries thereof. Neither the General Assembly nor any public officer, employee,
182 or agency shall use or authorize the use of such trust funds for any purpose other than as provided in
183 law for benefits, refunds, and administrative expenses, including but not limited to legislative oversight
184 of the health insurance fund.

185 D. For the purposes of this section:

186 "Peer-reviewed medical literature" means a scientific study published only after having been critically
187 reviewed for scientific accuracy, validity, and reliability by unbiased independent experts in a journal
188 that has been determined by the International Committee of Medical Journal Editors to have met the
189 Uniform Requirements for Manuscripts submitted to biomedical journals. Peer-reviewed medical
190 literature does not include publications or supplements to publications that are sponsored to a significant
191 extent by a pharmaceutical manufacturing company or health carrier.

192 "Standard reference compendia" means the American Medical Association Drug Evaluations, the
193 American Hospital Formulary Service Drug Information, or the United States Pharmacopoeia Dispensing
194 Information.

195 "State employee" means state employee as defined in § 51.1-124.3, employee as defined in
196 § 51.1-201, the Governor, Lieutenant Governor and Attorney General, judge as defined in § 51.1-301
197 and judges, clerks and deputy clerks of district courts of the Commonwealth, interns and residents
198 employed by the School of Medicine and Hospital of the University of Virginia, and interns, residents,
199 and employees of the Medical College of Virginia Hospitals Authority as provided in § 23-50.15:25.

200 E. Provisions shall be made for retired employees to obtain coverage under the above plan. The
201 Commonwealth may, but shall not be obligated to, pay all or any portion of the cost thereof.

202 F. Any self-insured group health insurance plan established by the Department of Personnel and
203 Training which utilizes a network of preferred providers shall not exclude any physician solely on the
204 basis of a reprimand or censure from the Board of Medicine, so long as the physician otherwise meets
205 the plan criteria established by the Department.