

GENERAL ASSEMBLY OF VIRGINIA -- 1997 SESSION

ENROLLED

HOUSE JOINT RESOLUTION NO. 424

Designating September as Virginia's D.A.T.E. for a Healthy Future Month.

Agreed to by the House of Delegates, February 20, 1997

Agreed to by the Senate, February 19, 1997

WHEREAS, promoting health today is the most important part of preventing disease tomorrow; and
WHEREAS, the Fredericksburg Area Regional Health Council, Inc., has developed a health education program called D.A.T.E.; and

WHEREAS, improper Diet, use of Alcohol, other drugs, and Tobacco, and inadequate Exercise are the four primary correctable risk factors in the 10 leading causes of death in the United States; and

WHEREAS, the D.A.T.E. program addresses these four correctable risk factors by urging children and adults to modify unhealthy behavior to prevent premature death; and

WHEREAS, the D.A.T.E. program is designed for all citizens of Virginia; and

WHEREAS, the Fredericksburg Area Regional Health Council plans to launch the D.A.T.E. program, which has been endorsed by the Medical Society of Virginia; and

WHEREAS, stressing the benefits of improved behavior and exercise, D.A.T.E. encourages self-esteem and personal responsibility by providing continuous education to adolescents on the risks of improper diet, alcohol and tobacco use; now, therefore, be it

RESOLVED by the House of Delegates, the Senate concurring, That September be designated as Virginia's D.A.T.E. for a Healthy Future Month; and, be it

RESOLVED FURTHER, That the General Assembly urge the citizens of Virginia to follow the suggestions of this worthwhile initiative to improve the health of all Virginians; and, be it

RESOLVED FINALLY, That the Clerk of the House of Delegates transmit a copy of this resolution to the presidents of the Medical Society of Virginia and the Virginia Academy of Family Physicians with the request that they further disseminate this resolution to their constituencies in order that they may be apprised of the sense of the General Assembly in this matter.

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