## **HOUSE RESOLUTION NO. 379**

Commending Insight Into Action Therapy.

Agreed to by the House of Delegates, February 22, 2023

WHEREAS, Insight Into Action Therapy, an outpatient practice dedicated to providing exceptional therapeutic services in Northern Virginia and Washington, D.C., has greatly served the community since 2015; and

WHEREAS, Insight Into Action Therapy provides individual, couples, family, play, and group therapy for individuals with mental health and addictive behaviors and is welcoming new clients at all times; and

WHEREAS, Insight Into Action Therapy's services in support of its patients include psychological testing, psychiatric evaluation, medication monitoring, medication assisted treatment, court ordered evaluation, and treatment with an emphasis on timely accessibility; and

WHEREAS, since its founding, Insight Into Action Therapy has received numerous honors from the Loudoun Chamber of Commerce, such as 2022 Small Business of the Year and 2022 Health and Wellness Business of the Year; and

WHEREAS, Insight Into Action Therapy has also been recognized by the Loudoun Chamber of Commerce as a finalist for a 2019 Community Leadership Award and for 2018 Health and Wellness Business of the Year and 2017 Service Business of the Year accolades; now, therefore, be it

RESOLVED by the House of Delegates, That Insight Into Action Therapy hereby be commended for its tenacity and compassion in ensuring the health and safety of its community's residents; and, be it

RESOLVED FURTHER, That the Clerk of the House of Delegates prepare a copy of this resolution for presentation to the founders of Insight Into Action Therapy as an expression of the House of Delegates' admiration for the practice's commitment to supporting communities in need.