

## 2022 SESSION

ENROLLED

### HOUSE RESOLUTION NO. 221

*Commending the Sentimental Journey Singers.*

Agreed to by the House of Delegates, March 11, 2022

WHEREAS, the Sentimental Journey Singers, a music therapy program for individuals with early- to mid-stage dementia and Alzheimer's disease, established a new chapter in Loudoun County in 2021; and

WHEREAS, the Sentimental Journey Singers started in 2019 as a program organized by Encore Creativity for Older Adults in partnership with Insight Memory Care Center in Fairfax; and

WHEREAS, responding to a need in the community, Dr. Mary Ann East, a performer, teacher, and founder of Capital Harmonia, teamed up with Rachel Thompson, a certified music therapist, to create what would become the Sentimental Journey Singers program; and

WHEREAS, with a group of 25 performers, the Sentimental Journey Singers performed their first concert in December 2019 before the COVID-19 pandemic required the program to shift its activities online; and

WHEREAS, with the opening of an Insight Memory Care Center facility in Sterling, the Sentimental Journey Singers has started a new chapter in Loudoun County; and

WHEREAS, the Sentimental Journey Singers program allows individuals suffering memory loss to engage in therapeutic music activities in a safe and accommodating setting, contributing greatly to their well-being; and

WHEREAS, by allowing individuals with dementia and Alzheimer's disease the opportunity to enjoy the social, emotional, and mental benefits of singing, the Sentimental Journey Singers has provided an invaluable service to many individuals and families in Loudoun County; now, therefore, be it

RESOLVED by the House of Delegates, That the Sentimental Journey Singers hereby be commended for enhancing the quality of life for those individuals in Loudoun County coping with the difficulties of memory loss; and, be it

RESOLVED FURTHER, That the Clerk of the House of Delegates prepare a copy of this resolution for presentation to the Sentimental Journey Singers as an expression of the House of Delegates' admiration for the organization's contributions to the Commonwealth.

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