

2019 SESSION

ENROLLED

HOUSE JOINT RESOLUTION NO. 912

Commending Girls on the Run of NOVA.

Agreed to by the House of Delegates, February 18, 2019

Agreed to by the Senate, February 21, 2019

WHEREAS, Girls on the Run of NOVA empowers a community of girls by teaching them the skills they need to be strong, confident, and healthy women; and

WHEREAS, Girls on the Run of NOVA is a nonprofit organization that has served more than 60,000 girls since 2000; it has engaged the entire community in efforts to positively impact the health and well-being of the girls of Northern Virginia, their families, and the volunteer coaches who serve them; and

WHEREAS, Girls on the Run of NOVA is an independent Council of Girls on the Run International and serves all of Northern Virginia by inspiring girls to know their limitless potential and boldly pursue their dreams; and

WHEREAS, Girls on the Run of NOVA's trained coaches lead small teams through research-based curricula which include dynamic discussions, activities, and running games; in the course of the 10-week program, girls in third through eighth grade develop essential skills that help them navigate their worlds and nurture an appreciation for health and fitness; and

WHEREAS, Girls on the Run of NOVA's program culminates with a service project and the completion of a celebratory 5K event; and

WHEREAS, Girls on the Run of NOVA's statistics demonstrate its success, with over 700 volunteer coaches across the region serving over 4,000 girls in 25 groups, and a new 5K race location in Loudoun County; the group provides more than \$160,000 in financial aid to make the program accessible to all girls; now, therefore, be it

RESOLVED by the House of Delegates, the Senate concurring, That the General Assembly hereby commend Girls on the Run of NOVA for teaching girls the skills they need to be strong, confident, and healthy women; and, be it

RESOLVED FURTHER, That the Clerk of the House of Delegates prepare a copy of this resolution for presentation to Girls on the Run of NOVA as an expression of the General Assembly's admiration for the organization's efforts to help girls face social pressures, bolster girls' confidence, and strengthen the community of Northern Virginia.

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