

## 2019 SESSION

INTRODUCED

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### HOUSE JOINT RESOLUTION NO. 1056

Offered February 18, 2019

*Commending On Our Own.*

Patrons—Rasoul; Senators: Ebbin and Edwards

WHEREAS, On Our Own of the Roanoke Valley, a mental health advocacy and support organization, celebrated its 25th anniversary in 2018; and

WHEREAS, On Our Own opened its doors on November 16, 1993, on Day Avenue in Roanoke; it is open every day of the year, including holidays, to consistently serve the community and promote mental health by providing a safe, consumer-run support system for the purpose of socialization, self-help, advocacy, recreation, and education; and

WHEREAS, On Our Own employs consumers of mental health services as staff, knowing that as they provide services and a safe haven for individuals in need of care, they enrich the lives of others and make their own lives more productive and meaningful; and

WHEREAS, On Our Own uses self-help groups such as the "Wellness Recovery Action Plan" and "Dual Recovery Anonymous" to improve the quality of care, increase socialization, and establish mutual support systems; and

WHEREAS, to that end, On Our Own's programming includes activities like Bingo, chess, card games, cook-outs, pizza parties, outdoor recreation, music appreciation, and arts and crafts to improve its users' quality of life; now, therefore, be it

RESOLVED by the House of Delegates, the Senate concurring, That the General Assembly hereby commend On Our Own of the Roanoke Valley, a mental health advocacy and support organization, on its 25th anniversary; and, be it

RESOLVED FURTHER, That the Clerk of the House of Delegates prepare a copy of this resolution for presentation to On Our Own as an expression of the General Assembly's admiration for the organization's commitment to mental health.

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