2010 SESSION

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HOUSE BILL NO. 11

AMENDMENT IN THE NATURE OF A SUBSTITUTE (Proposed by the House Committee on Health, Welfare and Institutions on February 11, 2010)

(Patron Prior to Substitute—Delegate Marshall, R.G.)

A BILL to amend and reenact §§ 32.1-137.13, 32.1-137.14, and 32.1-137.15 of the Code of Virginia, relating to health care services; utilization review.

Be it enacted by the General Assembly of Virginia:

9 1. That §§ 32.1-137.13, 32.1-137.14, and 32.1-137.15 of the Code of Virginia are amended and 10 reenacted as follows:

§ 32.1-137.13. Adverse decision.

12 A. The treating provider shall be notified in writing of any adverse decision within two working days of the decision; however, the treating provider shall be notified orally by telephone within twenty-four 13 24 hours of any adverse decision for a prescription known to be for the alleviation of cancer pain. Any 14 15 such notification shall include instructions for the provider on behalf of the covered person to (i) seek a reconsideration of the adverse decision *pursuant to § 32.1-137.14*, including the contact name, address, 16 17 and telephone number of the person responsible for making the adverse decision, and (ii) seek an appeal of the adverse decision pursuant to § 32.1-137.15, including the contact name, address, and telephone 18 number to file and perfect such appeal. 19

20 B. No entity shall render an adverse decision unless it has made a good faith attempt to obtain 21 information from the provider. At any time before the entity renders its decision, the provider shall be 22 entitled to review the issue of medical necessity with a physician advisor or peer of the treating health 23 care provider who represents the entity. For any adverse decision relating to a prescription to alleviate 24 cancer pain, a physician advisor shall review the issue of medical necessity with the provider. 25

§ 32.1-137.14. Reconsideration of adverse decision.

26 A. A treating provider may request reconsideration of an adverse decision pursuant to this section or may appeal an adverse decision pursuant to § 32.1-137.15. Any reconsideration of an adverse decision 27 shall only be requested by the treating provider on behalf of the covered person. A decision on 28 29 reconsideration shall be made by a physician advisor, peer of the treating health care provider, or a 30 panel of other appropriate health care providers with at least one physician advisor or peer of the 31 treating health care provider on the panel.

32 B. The treating provider on behalf of the covered person shall be (i) notified verbally at the time of 33 the determination of the reconsideration of the adverse decision and in writing following the determination of the reconsideration of the adverse decision, in accordance with § 32.1-137.9, including 34 35 the criteria used and the clinical reason for the adverse decision, and the alternate length of treatment of 36 the alternate treatment setting or settings, if any, that the entity deems to be appropriate, and the 37 opportunity for (ii) notified verbally at the time of the determination of the reconsideration of the 38 adverse decision of the process for an appeal of the determination pursuant to § 32.1-137.15 and the 39 contact name, address, and telephone number to file and perfect an appeal. If the treating provider on 40 behalf of the covered person requests that the adverse decision be reviewed by a peer of the treating 41 provider at any time during the reconsideration process, the request for reconsideration shall be vacated 42 and considered an appeal pursuant to § 32.1-137.15. In such cases, the covered person shall be notified 43 that the reconsideration has been vacated and an appeal initiated, all documentation and information 44 provided or relied upon during the reconsideration process pursuant to this section shall be converted to the appeal process, and no additional actions shall be required of the treating provider to perfect the 45 46 appeal.

47 **B**C. Any reconsideration shall be rendered and the decision provided to the treating provider and the **48** covered person in writing within ten 10 working days of receipt of the request for reconsideration. 49

§ 32.1-137.15. Final adverse decision; appeal.

50 A. Each entity shall establish an appeals process, including a process for expedited appeals, to consider any final adverse decision that is appealed by a covered person, his representative, or his 51 provider. Except as provided in subsection E, notification of the results of the appeal process shall be 52 53 provided to the appellant no later than sixty 60 working days after receiving the required documentation. 54 The decision shall be in writing and shall state the criteria used and the clinical reason for the decision. 55 If the appeal is denied, such notification shall include a clear and understandable description of the covered person's right to appeal final adverse decisions to the Bureau of Insurance in accordance with 56 Chapter 59 (§ 38.2-5900 et seq.) of Title 38.2, the procedures for making such an appeal, and the 57 binding nature and effect of such an appeal, including all forms prescribed by the Bureau of Insurance 58 59 pursuant to § 38.2-5901. Such notification shall also include the mailing address, telephone number, and

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electronic mail address of the Office of the Managed Care Ombudsman. Further, such notification shall
advise any such covered person that, except in the instance of fraud, any such appeal herein may
preclude such person's exercise of any other right or remedy relating to such adverse decision. An
expedited appeals process of no more than twenty-four 24 hours shall be established and conducted by
telephone to consider any final adverse decision that relates to a prescription to alleviate cancer pain.

B. Any case under appeal shall be reviewed by a peer of the treating health care provider who
proposes the care under review or who was primarily responsible for the care under review. With the
exception of expedited appeals, a physician advisor who reviews cases under appeal shall be a peer of
the treating health care provider, shall be board certified or board eligible in the same or similar
specialty as the treating health care provider, and shall be specialized in a discipline pertinent to the
issue under review.

A physician advisor or peer of the treating health care provider who renders a decision on appeal shall (i) not have participated in the adverse decision or any prior reconsideration thereof; (ii) not be employed by or a director of the utilization review entity; and (iii) be licensed to practice in Virginia, or under a comparable licensing law of a state of the United States, as a peer of the treating health care provider.

76 C. The utilization review entity shall provide an opportunity for the appellant to present additional 77 evidence for consideration on appeal. Before rendering an adverse appeal decision, the utilization review 78 entity shall review the pertinent medical records of the covered person's provider and the pertinent 79 records of any facility in which health care is provided to the covered person which have been furnished 78 to the entity.

D. In the appeals process, due consideration shall be given to the availability or nonavailability of
 alternative health care services proposed by the entity. No provision herein shall prevent an entity from
 considering any hardship imposed by the alternative health care on the patient and his immediate family.

E. When an adverse decision or adverse reconsideration is made and the treating health care provider
believes that the decision warrants an immediate appeal, the treating health care provider shall have the
opportunity to appeal the adverse decision or adverse reconsideration by telephone on an expedited
basis. The treating health care provider shall have the opportunity to appeal immediately, by telephone,
on an expedited basis, an adverse decision or adverse reconsideration relating to a prescription to
alleviate cancer pain.

90 The decision on an expedited appeal shall be made by a physician advisor, peer of the treating health care provider, or a panel of other appropriate health care providers with at least one physician advisor on the panel.

93 The utilization review entity shall decide the expedited appeal no later than one business day after94 receipt by the entity of all necessary information.

95 An expedited appeal may be requested only when the regular reconsideration and appeals process
96 will delay the rendering of health care in a manner that would be detrimental to the health of the patient
97 or would subject the cancer patient to pain. Both providers and utilization review entities shall attempt
98 to share the maximum information by telephone, facsimile machine, or otherwise to resolve the
99 expedited appeal in a satisfactory manner.

100 An expedited appeal decision may be further appealed through the standard appeal process 101 established by the entity unless all material information and documentation were reasonably available to 102 the provider and to the entity at the time of the expedited appeal, and the physician advisor reviewing 103 the case under expedited appeal was a peer of the treating health care provider, was board certified or 104 board eligible, and specialized in a discipline pertinent to the issue under review.

F. The appeals process required by this section does not apply to any adverse decision,
 reconsideration, or final adverse decision rendered solely on the basis that a health benefit plan does not
 provide benefits for the health care rendered or requested to be rendered.

G. No entity performing utilization review pursuant to this article or Article 2.1 (§ 32.1-138.6 et seq.)
of Chapter 5 of this title, shall terminate the employment or other contractual relationship or otherwise
penalize a health care provider for advocating the interest of his patient or patients in the appeals
process or invoking the appeals process, unless the provider engages in a pattern of filing appeals that
are without merit.

113 2. That the provisions of this act shall become effective on October 1, 2010.