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HOUSE JOINT RESOLUTION NO. 660

FLOOR AMENDMENT IN THE NATURE OF A SUBSTITUTE

(Proposed by Senator Trumbo on February 22, 2001)

(Patrons Prior to Substitute—Delegates Tata and Senator Miller, Y. B. [SJR 327])

Establishing a joint subcommittee to study the effects of attention deficit disorder and attention deficit hyperactivity disorder on student performance and to investigate the improper prescription and illegal use and diversion of Ritalin and OxyContin.

8 illegal use and diversion of Ritalin and OxyContin.
9 WHEREAS, Attention Deficit Disorder (ADD) and Attention Deficit Hyperactivity Disorder
10 (ADHD), the most commonly diagnosed behavioral disorder of childhood, is a neurobiological disability
11 characterized by developmentally inappropriate levels of attention, concentration, activity, distractibility,
12 and impulsivity, and in some cases, hyperactivity, that affects three to five percent of school-age
13 children, or 1.35 to 2.25 million children, and approximately two to four percent of adults; and

WHEREAS, children with ADD/ADHD generally have functional impairment across multiple
 settings, including home, school, and peer relationships, and ADD/ADHD may have long-term adverse
 effects on the academic performance, vocational success, and social-emotional development of children;
 and

WHEREAS, diagnosis and treatment of the disorder have generated considerable controversy, and
 parents, clinicians, researchers, educators, and policymakers have diverse and conflicting opinions
 concerning this disability, including disagreement as to the use of psychostimulants such as Ritalin to
 treat the condition; and

WHEREAS, regular and special education teachers and other school personnel must be trained to
 identify children with ADD/ADHD, as certain characteristics are shared between children with
 ADD/ADHD and children who are gifted, making it very difficult for the untrained eye to distinguish
 between the exceptionalities; and

WHEREAS, teachers must use different instructional methodologies and provide certain adaptations
in the classroom to meet the educational needs of children with ADD/ADHD, and providing for their
unique educational needs becomes more difficult when these children have dual exceptionalities, such as
other chronic or acute health problems, a learning disability, or giftedness; and

WHEREAS, although children with this disorder present significant challenges to public schools and
 the educational system, including the delivery of required health services, it is important that the
 educational, health, and social needs of these children be addressed, and the impact on public schools
 and the ability of the educational system to meet their needs be evaluated; and

WHEREAS, methylphenidate, commonly known as Ritalin, is prescribed in the treatment of
narcolepsy, and most often for children diagnosed with attention deficit disorder (ADD) and attention
deficit hyperactivity disorder (ADHD), a neurobiological disability characterized by developmentally
inappropriate impulsiveness, inattention, and in some cases, hyperactivity, that affects three to five
percent of school-aged children and approximately two to four percent of adults; and

39 WHEREAS, it is estimated that Ritalin has been prescribed for at least four million American children who have been diagnosed as having ADD/ADHD, of whom 80 percent are males; and

WHEREAS, Ritalin, when properly prescribed, enables children with ADD/ADHD to become more
focused and increases their attention span, but Ritalin causes different results in adults, many of them
harmful; and

44 WHEREAS, Ritalin, when taken as prescribed, has mild to moderate stimulant properties, but when 45 snorted or injected produces cocaine-like stimulant effects; and

WHEREAS, according to the U.S. Drug Enforcement Administration, prescriptions for Ritalin have
increased more than 600 percent over the past five years, and according to federal law-enforcement
agencies involved in drug interdiction, 90 percent of the world's supply of Ritalin is prescribed in the
United States; and

50 WHEREAS, a significant portion of these prescriptions are diverted for illicit nonmedical use, as
 51 Ritalin ranks among the top 10 most frequently reported stolen controlled pharmaceuticals; and

WHEREAS, due to the substantial increase in ADD/ADHD diagnoses over the past several years, the
 manufacturing quotas have not increased sufficiently to meet the increased demand, resulting in sporadic
 and regional shortages of Ritalin, which have been further exacerbated by the diversion of the drug to
 the illicit street drug trade; and

WHEREAS, the National Institute on Drug Abuse described Ritalin abuse over the last two decades
as "sporadic but persistent," and there is concern that an upsurge in illicit street use of Ritalin reported
on the West Coast and in the Midwest is spreading across the country, with reports of increasing use,
experimentation, and illegal distribution and possession among young children, teens, and college-aged

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60 students; and

WHEREAS, the adverse consequences of the abuse of Ritalin is of paramount concern as more and
 more college students are self-prescribing Ritalin to help them concentrate, stay awake, and focus, and
 many college students are using Ritalin as an inexpensive recreational drug; and

64 WHEREAS, OxyContin has been approved by the Federal Drug Administration for the treatment of 65 moderate to severe pain caused by terminal cancer or musculoskeletal conditions; and

66 WHEREAS, OxyContin's chief advantage is its time-release formula that enables patients to maintain 67 pain relief for up to 12 hours without having to take repeated doses; and

68 WHEREAS, like morphine and heroin, OxyContin is an opiate that eases suffering, and creates a euphoric effect similar to a heroin high; and

70 WHEREAS, meant for those suffering from chronic pain, OxyContin has also become a drug used 71 for recreational purposes and is often obtained by fraudulent means or through illegal sale or theft; and

WHEREAS, federal investigators have identified five pockets of heavy OxyContin abuse in the
United States: Southwest Virginia, rural Maine, Cincinnati, Baltimore, and Charleston, and do not
understand why the drug is so popular in these areas; now, therefore, be it

RESOLVED by the House of Delegates, the Senate concurring, That a joint subcommittee be 75 established to study the effects of attention deficit disorder and attention deficit hyperactivity disorder on 76 77 student performance and investigate the improper prescription and illegal use and diversion of Ritalin 78 and OxyContin. The joint subcommittee shall consist of 10 legislative members, to be appointed as 79 follows: six members of the House of Delegates, to be appointed by the Speaker of the House in accordance with the principles of proportional representation contained in the Rules of the House of 80 Delegates; and four members of the Senate, to be appointed by the Senate Committee on Privileges and 81 82 Elections.

83 In conducting the study, the joint subcommittee shall (i) determine the number of students diagnosed 84 as having ADD/ADHD in Virginia's public schools, and whether such children receive treatment; (ii) ascertain whether such students also have dual exceptionalities or chronic and acute health problems, and 85 the demand created by these conditions for certain school services; (iii) determine the academic 86 87 performance levels of such children; (iv) identify other educational, social, and health factors that may 88 compromise their academic performance and educational outcomes; (v) identify school practices to 89 manage, the methods used to treat, and the medications prescribed for and dispensed to ADD/ADHD 90 students in the school setting for their disorder; (vi) evaluate the special education programs and related services provided or which may be provided to meet the needs of such students; (vii) assess the demand 91 92 for and effectiveness of existing education programs and related services, including school health 93 services, by ADD/ADHD students; (viii) evaluate the effect of ADD/ADHD on grade retention, 94 absenteeism, school suspension and expulsion, and disciplinary action taken by public schools; (ix) and make appropriate recommendations that address identified problems and allow public schools to serve 95 96 such children efficiently and effectively; (x) determine the health conditions for which Ritalin and OxyContin are lawfully prescribed in Virginia; (xi) ascertain the number of such prescriptions for the 97 98 last five years to determine the rate of increase or decrease, and the cause of any increase in the number 99 of such prescriptions; (xii) determine if Ritalin and OxyContin have been diverted to the street drug 100 trade, and if so, assess the demand for Ritalin and OxyContin as street drugs in Virginia; (xiii) establish whether the use of Ritalin or OxyContin for non-medical purposes is a problem among school-aged 101 102 children and college students in the Commonwealth; (xiv) consider and explore such other issues as the 103 joint subcommittee may determine pertinent; and (xv) recommend ways to correct problems associated with the over-prescription and the illegal use, possession, and distribution of Ritalin and OxyContin, as 104 appropriate. 105

106 The direct costs of this study shall not exceed \$8,500. An estimated \$1,000 of the direct costs is allocated for materials and resources. Such expenses shall be funded from the operational budget of the Clerk of the House.

109 The Division of Legislative Services shall provide staff support for the study. Technical assistance
110 shall be provided by the Department of State Police, the Board of Medicine, the Board of Pharmacy, the
111 Department of Health, the Department of Mental Health, Mental Retardation and Substance Abuse
112 Services, the Department of Education, and the State Council of Higher Education. All agencies of the
113 Commonwealth shall provide assistance as requested by the joint subcommittee for this study.

114 The joint subcommittee shall complete its work in time to submit its written findings and 115 recommendations by November 30, 2001, to the Governor and the 2002 Session of the General 116 Assembly as provided in the procedures of the Division of Legislative Automated Systems for the 117 processing of legislative documents.

118 Implementation of this resolution is subject to subsequent approval and certification by the Joint119 Rules Committee. The Committee may withhold expenditures or delay the period for the conduct of the120 study.