HOUSE JOINT RESOLUTION NO. 57

Commending Officer Cassondre W. Whited.

Agreed to by the House of Delegates, January 21, 2000 Agreed to by the Senate, January 27, 2000

WHEREAS, the Commonwealth supports and encourages officer fitness and overall wellness within the criminal justice community; and

WHEREAS, in order to promote and recognize officer fitness, the Department of Criminal Justice Services, in conjunction with the LawFit Program at George Mason University, developed the Top Cop Fitness Challenge; and

WHEREAS, the Top Cop Fitness Challenge was conducted at five regional sites statewide with more than 125 officers competing; and

WHEREAS, the Top Cop Fitness Challenge involved six challenging fitness events; and

WHEREAS, Officer Cassondre W. Whited of the Virginia Beach Police Department exhibited an extraordinary level of fitness in all six Top Cop Fitness Challenge events; and

WHEREAS, Officer Cassondre W. Whited achieved an overall score of 328 points, the highest total in the female division of the Top Cop Fitness Challenge competition; and

WHEREAS, Cassondre W. Whited has continually encouraged and trained fellow officers in physical fitness; now, therefore, be it

RESOLVED by the House of Delegates, the Senate concurring, That the General Assembly commend and congratulate Officer Cassondre W. Whited on her well-deserved recognition as a leader in the field of physical fitness; and, be it

RESOLVED FURTHER, That the Clerk of the House of Delegates prepare a copy of this resolution for presentation to Officer Cassondre W. Whited as an expression of the General Assembly's admiration for her achievement in the Top Cop Fitness Challenge.